



December 16, 2014



DAILY SITUATIONAL  
AWARENESS BRIEF



Marion County  
Medical Multi-Agency  
Coordination Center

NATIONAL TERRORISM ADVISORY SYSTEM

No active alerts



74°

Mostly Sunny

Mostly sunny, with a high near 74.  
West southwest wind around 10  
mph.



45°

Partly Cloudy

Partly cloudy, with a low around 45.  
Southwest wind 11 to 15 mph, with  
gusts as high as 22 mph.



ASTHMA  
INDEX

1



UV  
INDEX

5

## THREAT ANALYSIS

### ED physician burnout negatively impacts quality of care

A 2012 survey found 65 percent of emergency department (ED) physicians reported at least one symptom of burnout, the highest rate among any medical specialty. Burnout involves emotional exhaustion (irritability, loss of compassion), depersonalization (cynicism) and a decreased sense of personal accomplishment. Long shifts, night shifts, poor teamwork, a perception of unsupportive supervisors and lack of control over the work environment are all associated with increased risk of physician burnout. Burnout has been linked to decreased patient satisfaction, increased medication errors and personal problems among physicians. (Sources: [Emergency Department Management](#), [European Journal of Emergency Medicine](#), [American Academy of Orthopedic Surgeons](#), [Annals of Surgery](#), [Archives of Surgery](#))

Providing opportunities for continuing education, involvement in teaching or consulting, non-clinical work hours and publishing research papers, as well as establishing greater support for employees and a collegial workplace culture are some measures that contribute to lower burnout risk and higher levels of job satisfaction in ED physicians. Supervisors should strive to maximize these factors in order to decrease burnout risk. (Sources: [European Journal of Emergency Medicine](#), [Emergency Medicine Australasia](#))

Experts also recommend employee wellness programs that emphasize opportunities for exercise and healthy food at work, providing increased autonomy over work scheduling, fostering a collaborative and collegial workplace culture and removing any stigma surrounding discussing burnout or asking for help. Opportunities for physicians to safely talk about their stresses with a mentor or in discussion groups have also been helpful. (Sources: [Emergency Department Management](#), [European Journal of Emergency Medicine](#), [University of California Davis](#))

## ACTION STEPS

1

Review the [U. S. Department of Labor's](#) Employee Assistance Program guidelines. These behavioral health services can help all employees who may face burnout, including nurses and Emergency Medical Service workers, effectively deal with their stress. Ensure employees are aware of the program and its confidentiality guidelines and work to reduce stigma against asking for help.

2

Consider modeling efforts after elements in the [UC Davis](#) program to reduce ED physician burnout and the [Center for Professionalism and Peer Support](#) at Brigham and Women's Hospital.

3

Make ED physicians aware of the [American College of Emergency Physicians' \(ACEP\) online resources](#) for assessing and coping with burnout. ACEP also has peer-to-peer counseling available for ED physicians. (Source: [Annals of Emergency Medicine](#))

## UPCOMING EVENTS

TUESDAY

16

No Mass Gatherings Scheduled

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