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## **POWERFUL MESSAGES COMMUNICATED THROUGH MUSIC VIDEOS BY ADOLESCENTS/YOUNG ADULTS UNDERGOING STEM CELL TRANSPLANT.**

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Adolescents/young adults (AYA) undergoing stem cell transplants (SCT) endure difficult challenges, including high symptom distress and awareness of their existential plight. Interventions are needed to assist AYA to deal with life-threatening illness and treatments, to communicate, and derive meaning from their experiences. This presentation describes experiences of AYA undergoing SCT and messages they communicate to others in a Children's Oncology Group randomized clinical trial (RTC) of a therapeutic music video (TMV) intervention.

Robb's Contextual Support Model of Music Therapy specifies 3 forms of contextual support as essential to the TMV intervention. The TMV intervention was designed to reduce risk factors (illness-related distress, defensive coping) and promote protective factors (derived meaning, perceived friend/healthcare provider support, family environment, positive coping) identified in Haase's Resilience in Illness Model.

Empirical phenomenology, an adaptation of Colaizzi's method, was used. The sub-sample (N = 21) included AYA with cancer, 11 to 24 years, hospitalized for SCT, randomized to the TMV. In 6 sessions over 3 weeks, participants wrote and recorded song lyrics, selected visual images, and premiered their music video (DVD). For analysis, meanings were formulated from multiple data sources—DVD transcribed lyrics, visual images, and intervener field notes and then organized into theme clusters and categories and collaboratively validated by the researchers.

From eight theme categories mirroring RIM concepts, seven themes with lyric exemplars follow; all will be presented. Illness-related distress: Symptom/SCT treatment weariness and distress ("The cupcakes cried, 'Not the oven!' one more time"). Family Environment: Family meaningfulness, gratitude for, and comfort ("Remember when, the sound of family met brought such joy"). Friend support: Gratitude/appreciation ("All of my friends sittin' back and drinkin'- thinkin' about them keeps me going"). Defensive coping: Desire to escape ("Restin' up for running away"). Courageous coping: ("Don't you worry, I'm alright"). Derived meaning: Peace through faith ("Through the storms and tribulations, I'm reminded of ... Your Son"). Resilience: ("We're gonna win no matter what; ...cause we believe in ourselves!"). The DVDs were powerful and developmentally appropriate means for AYA to communicate.