



Genetics and precision genomics approaches to pulmonary hypertension

Eric D. Austin ¹, Micheala A. Aldred², Mona Alotaibi ³, Stefan Gräf ⁴, William C. Nichols^{5,6}, Richard C. Trembath⁷ and Wendy K. Chung ⁸

¹Vanderbilt University Medical Center, Nashville, TN, USA. ²Indiana University School of Medicine, Indianapolis, IN, USA. ³University of California San Diego, San Diego, CA, USA. ⁴Department of Medicine, University of Cambridge, Victor Phillip Dahdaleh Heart and Lung Research Institute, Cambridge, UK. ⁵Division of Human Genetics, Cincinnati Children's Hospital Medical Center, Cincinnati, OH, USA. ⁶Department of Pediatrics, University of Cincinnati College of Medicine, Cincinnati, OH, USA. ⁷Department of Medical and Molecular Genetics, King's College London, London, UK. ⁸Boston Children's Hospital, Harvard Medical School, Boston, MA, USA.

Corresponding author: Richard C. Trembath (richard.trembath@kcl.ac.uk)



Shareable abstract (@ERSpublications)

We summarise the conclusions and recommendations of the 7th World Symposium on Pulmonary Hypertension genetics and genomics task force, highlighting progress over time, new recommendations on genes and genetic testing, and key needs to advance the PH field.

<https://bit.ly/4djRvZP>

Cite this article as: Austin ED, Aldred MA, Alotaibi M, *et al.* Genetics and precision genomics approaches to pulmonary hypertension. *Eur Respir J* 2024; 64: 2401370 [DOI: 10.1183/13993003.01370-2024].

Copyright ©The authors 2024.

This version is distributed under the terms of the Creative Commons Attribution Non-Commercial Licence 4.0. For commercial reproduction rights and permissions contact permissions@ersnet.org

This article has an editorial commentary:
<https://doi.org/10.1183/13993003.01222-2024>

Received: 16 July 2024
Accepted: 16 July 2024

Abstract

Considerable progress has been made in the genomics of pulmonary arterial hypertension (PAH) since the 6th World Symposium on Pulmonary Hypertension, with the identification of rare variants in several novel genes, as well as common variants that confer a modest increase in PAH risk. Gene and variant curation by an expert panel now provides a robust framework for knowing which genes to test and how to interpret variants in clinical practice. We recommend that genetic testing be offered to specific subgroups of symptomatic patients with PAH, and to children with certain types of group 3 pulmonary hypertension (PH). Testing of asymptomatic family members and the use of genetics in reproductive decision-making require the involvement of genetics experts. Large cohorts of PAH patients with biospecimens now exist and extension to non-group 1 PH has begun. However, these cohorts are largely of European origin; greater diversity will be essential to characterise the full extent of genomic variation contributing to PH risk and treatment responses. Other types of omics data are also being incorporated. Furthermore, to advance gene- and pathway-specific care and targeted therapies, gene-specific registries will be essential to support patients and their families and to lay the foundation for genetically informed clinical trials. This will require international outreach and collaboration between patients/families, clinicians and researchers. Ultimately, harmonisation of patient-derived biospecimens, clinical and omic information, and analytic approaches will advance the field.

Introduction

For >20 years, advances in genetic contributions to pulmonary arterial hypertension (PAH) have contributed to our understanding of the underlying pathobiology of PAH. Since the reports in 2000 that heterozygous germline variants in the gene bone morphogenetic protein receptor type 2 (*BMPR2*) cause PAH in many familial PAH cases, rare variants (mutations) in >20 genes have been associated with PAH. While many of these genes contribute to overlapping molecular mechanisms and pathways, more recent discoveries highlight novel contributions to the pathogenesis of PAH. In addition, since the 6th World Symposium on Pulmonary Hypertension (WSPH), unique contributions to our genetic understanding have been made applying genomic sequencing to large cohorts of well-phenotyped PAH patients. Among recent discoveries is the recognition that PAH diagnosed during childhood has a higher frequency of pathogenic variants across a wider diversity of genes driving heritable disease, as well as a deeper understanding of the risk of PAH among those with heterozygous pathogenic variants in PAH-associated genes.

Technological advances now support genomic studies to incorporate variations in all genes and their interactions. This will provide insight into the combined influence of multiple genetic variants upon



vascular growth and development, inflammation, response to injury and cellular homeostasis. However, substantial opportunities and work remain. Key needs include, but are not limited to, the development and incorporation of large diverse cohorts to power equitable approaches to discovery and progress to all participants around the world and across the lifespan. Genetic research drives discovery of pathobiology and provides targets for therapy. In addition, the direct clinical applications of genomic studies are 1) to provide information about prognosis and therapeutic response, as well as tailored surveillance information for conditions beyond PAH relevant to a subset of genes; 2) risk prediction for asymptomatic individuals including family members; and 3) anticipation of potential future opportunities for genetically based therapy. In this document, we review strategies to address these needs, with a recognition that PAH is a disease that impacts people of all ages, and identification of individuals at increased risk of PAH can facilitate early diagnosis and early initiation of treatment to improve clinical outcomes.

Methods of genetic therapy are rapidly evolving and include antisense oligonucleotides, gene addition and gene editing. Several of these therapies are now approved by the US Food and Drug Administration (FDA) and European Medicines Agency and include genetic therapies for diseases such as spinal muscular atrophy and sickle cell disease [1]. Genetic therapies for cardiomyopathies are in clinical trials, and multiple genetic therapeutic approaches are in development for cystic fibrosis [2]. Methods of genetic delivery to the lung are being developed for inhalation, and targeting the pulmonary vasculature is possible with right heart catheterisation. Given these opportunities for genetic therapy that are rapidly evolving, it is critical to prepare and to be ready to seize on these advances for patients with heritable PAH. To prepare for these future opportunities, it will be critical to catalogue the genes causing PAH, their mechanism of action, the relevant cell type of action, identify patients with these genetic conditions, and understand the natural history of each genetic condition and the window of therapeutic treatment. It is likely that early identification and treatment of individuals at risk and in early stages of disease will be the ones most effectively treated which will be a paradigm shift for the field. If only end-stage patients are identified and available to test efficacy of these therapies, these patients may be beyond the window of therapeutic efficacy with irreversible changes to the pulmonary vasculature, and they may not respond in clinical trials. We may then miss an opportunity to effectively support the next generation of patients at high risk of PAH.

Genetic and genomic approaches in complex diseases

The foundational discoveries of the genetic underpinning of PAH in patients and families impacted by familial and/or heritable PAH occurred initially with positional cloning of single genes harbouring rare genetic variants (e.g. the discovery of *BMPR2* in PAH) [3, 4]. Many genes in the transforming growth factor (TGF)- β pathway were considered and tested as candidate genes before we were able to interrogate the genome comprehensively. More recently, genomic sequencing studies of patients and families and large cohorts of well-phenotyped participants supported unbiased, rigorous gene discovery and validation. Discussion of the mechanism of these genes is summarised in the report by the task force on pathology and pathobiology of PH [5]. Related efforts to identify the genomic and nongenomic factors which modify disease penetrance and contribute to variable expressivity of the PAH phenotype continue, but are currently underpowered.

To systematically assess the level of evidence supporting PAH gene disease association to inform which genes should be included in genetic testing panels of PAH, an international group of PAH geneticists followed the standardised Clinical Genome Resource (ClinGen) semi-quantitative scoring system based on genetic and experimental evidence (<https://search.clinicalgenome.org/kb/genes/HGNC:8582>) [6]. This ClinGen framework is standardised and provides consistency across the global community across genetic conditions. Replication of results across studies and sufficient time for results to potentially be refuted are included within the system of assessment. The amount of genetic and experimental evidence for a particular gene varied based upon the year in which the gene was first published to be associated with PAH and based upon the frequency of PAH cases with rare predicted deleterious variants in the genes. 12 genes (*BMPR2*, *ACVRL1*, *ATP13A3*, *CAV1*, *EIF2AK4*, *ENG*, *GDF2*, *KCNK3*, *KDR*, *SMAD9*, *SOX17* and *TBX4*) were classified as having definitive evidence, and three genes (*ABCC8*, *GGCX* and *TET2*) with moderate evidence. Six genes (*AQP1*, *BMP10*, *FBLN2*, *KLF2*, *KLK1* and *PDGFD*) were classified as having limited evidence. The genes with moderate or limited evidence have largely been described within the past 5 years, and additional evidence may emerge over time to increase the confidence of their association with PAH. *TOPBP1* was classified as having no known PAH relationship. Five genes (*BMPR1A*, *BMPR1B*, *NOTCH3*, *SMAD1* and *SMAD4*) were disputed due to a paucity of genetic evidence over time, with most of the evidence being provided by experimental data rather than human genetic data (table 1). These disputed genes were identified during the era of candidate gene assessment before unbiased genome-wide methods were possible, and these disputed genes should not be included in genetic testing panels. Each gene is scheduled to be reassessed every 3 years as new evidence evolves.

TABLE 1 Strength of pulmonary arterial hypertension (PAH)-gene relationships for genes implicated in PAH

	Gene name	Type of PAH	Mode of inheritance	Genetic evidence	Variant type score	Experimental evidence	Evidence type scored	Total score	>3 years?	Classification	Tissue/cell expression	Molecular mechanism
<i>ATP13A3</i>	ATPase 13A3	Isolated	AD/AR	12	pLoF	1	F/expression; FA/non-patient	13	Yes 2018	Definitive	PASMC, PAEC, BOEC	Unknown
<i>BMPR2</i>	Bone morphogenetic protein receptor 2	Isolated	AD	12	pLoF	6	F/expression, biochemical, interaction; FA/patient; M/non-human; R/non-human	18	Yes 2000	Definitive	PASMC, PAEC	Haploinsufficiency
<i>CAV1</i>	Caveolin 1	Isolated	AD	6	pLoF, missense	6	F/biochemical; FA/patient; M/non-human; R/non-human	12	Yes 2012	Definitive	Lung EC	Dominant negative
<i>GDF2</i>	Growth differentiation factor 2	Isolated	AD	12	pLoF, missense	6	F/expression, biochemical, interaction; FA/patient, non-patient; M/cell culture	18	Yes 2016	Definitive	HMVEC/PAEC/hepatic stellate cells	Haploinsufficiency
<i>KCNK3</i>	Potassium two pore domain channel subfamily K member 3	Isolated	AD	7	Missense	5	F/expression; FA/patient; M/non-human	12	Yes 2013	Definitive	Lung, PA, PASMC	LoF
<i>KDR</i>	Kinase insert domain receptor	Isolated	AD	6.5	pLoF	6	F/expression; M/non-human	12.5	Yes 2018	Definitive	PAEC	Haploinsufficiency
<i>SMAD9</i>	Smad family member 9	Isolated	AD	9.6	pLoF, missense	4.5	F/biochemical, interaction; FA/patient, non-patient; R/patient cells	14.1	Yes 2009	Definitive	PAEC, PASMC	LoF
<i>SOX17</i>	SRY-box transcription factor 17	Isolated	AD	11.8	pLoF, missense	1.5	F/expression; FA/non-patient	13.3	Yes 2018	Definitive	PAEC, PAH plexiform lesions	Haploinsufficiency
<i>ABCC8</i>	ATP binding cassette subfamily C member 8	Isolated	AD	9.0	pLoF, missense	1.0	F/expression	10	Yes 2018	Moderate	Lung, PA	LoF
<i>GGCX</i>	Gamma glutamyl carboxylase	Isolated	AD	8.8	pLoF, missense	0.5	F/expression	9.3	Yes 2019	Moderate	Lung	Unknown
<i>TET2</i>	Tet-methylcytosine-dioxygenase-2	Isolated	AD	4.6	pLoF, missense	3.5	F/expression, biochemical; M/non-human	8.1	No 2020	Moderate	Lung	LoF
<i>AQP1</i>	Aquaporin 1	Isolated	AD	3.3	Missense	0.5	F/expression	3.8	Yes 2018	Limited	PASMC, PAEC, BOEC	NA
<i>BMP10</i>	Bone morphogenetic protein 10	Isolated	AD	1.9	pLoF, missense	1.1	F/expression, biochemical, interaction	3.0	Yes 2019	Limited	Plasma, right atrium	Haploinsufficiency
<i>FBLN2</i>	Fibulin 2	Isolated	AD	2.0	Missense	0.5	F/expression	2.5	No 2021	Limited	Heart, aorta coronaries, basement membrane	Unknown (GoF?)

Continued

TABLE 1 Continued

	Gene name	Type of PAH	Mode of inheritance	Genetic evidence	Variant type score	Experimental evidence	Evidence type scored	Total score	>3 years?	Classification	Tissue/cell expression	Molecular mechanism
<i>KLF2</i>	Krüppel-like factor 2	Isolated	AD	0.5	Missense	3.0	F/expression, interaction; FA/patient	3.5	Yes 2017	Limited	Lung, vasculature	NA
<i>KLK1</i>	Tissue kallikrein	Isolated	AD	5.2	pLoF, missense	0.5	F/expression	5.7	Yes 2019	Limited	Lung, vasculature	Unknown (haploinsufficiency and/or LoF?)
<i>PDGFD</i>	Platelet derived growth factor D	Isolated	AD	2.1	2.0 case-control data+0.1 missense	0.5	F/expression	2.6	No 2021	Limited	Lung, vasculature, mesenchyme	Unknown (GOF?)
<i>TOPBP1</i>	DNA topoisomerase II binding protein 1	Isolated	NA	0	None	1.0	F/expression; FA/non-patient	1.0	NA	No known disease relationship	Lung, PAEC	NA
<i>BMPRI1A</i>	Bone morphogenetic protein receptor 1A	Isolated	NA	0	Missense	2	F/expression, biochemical, interaction	2.0	Yes 2018	Disputed	PASMC	NA
<i>BMPRI1B</i>	Bone morphogenetic protein receptor 1B	Isolated	NA	0	Missense	2	F/expression, biochemical, interaction	2.0	Yes 2012	Disputed	PASMC	NA
<i>NOTCH3</i>	Notch receptor 3	Isolated	NA	0	Missense	2.0	F/expression, biochemical; FA/non-patient	2.0	Yes 2014	Disputed	Lung, PASMC	NA
<i>SMAD1</i>	Smad family member 1	Isolated	NA	0	Missense	3.0	F/biochemical; M/non-human	3.0	Yes 2011	Disputed	PAEC, PASMC	NA
<i>SMAD4</i>	Smad family member 4	Isolated	NA	0	Missense, other	1.0	F/biochemical	1.0	Yes 2011	Disputed	PAEC, PASMC	NA
<i>ACVRL1</i>	Activin receptor like 1	HHT	AD	12	pLoF, missense	6	F/expression, biochemical, interaction; M/non-human	16	Yes 2001	Definitive	Lung, PAEC	Haploinsufficiency
<i>ENG</i>	Endoglin	HHT	AD	10.1	pLoF, missense, other	3.5	F/expression, interaction; M/nonhuman	13.6	Yes 2003	Definitive	Lung, PAEC	Haploinsufficiency
<i>TBX4</i>	T-box transcription factor 4	<i>TBX4</i> syndrome	AD	12	pLoF	1	F/expression; FA/patient, non-patient	13	Yes 2013	Definitive	Lung mesenchyme	Haploinsufficiency
<i>EIF2AK4</i>	Eukaryotic translation initiation factor 2 α kinase 4	PVOD/PCH	AR	12	pLoF, missense	0.5	F/expression	12.5	Yes 2014	Definitive	Lung, PASMCs	LoF

AD: autosomal dominant; AR: autosomal recessive; pLoF: predicted loss of function (nonsense, frameshift and canonical splice variants); F: function (relevant expression, biochemical function, protein interaction); FA: functional alteration (in patient or non-patient cells); PASMC: pulmonary artery smooth muscle cell; PAEC: pulmonary artery endothelial cell; BOEC: blood outgrowth endothelial cell; M: model (human or non-human, cell culture/human or non-human); R: rescue (human or non-human, cell culture/human or non-human); EC: endothelial cell; HMVEC: human lung microvascular endothelial cell; PA: pulmonary artery; NA: not applicable; Gof: gain of function; LoF: loss of function; HHT: hereditary haemorrhagic telangiectasia; PVOD: pulmonary veno-occlusive disease; PCH: pulmonary capillary haemangiomas.

A key area of knowledge for pulmonary hypertension (PH) clinicians is interpretation of clinically obtained genetic test results. Variant classification ideally follows guidelines proposed by the American College of Medical Genetics and Genomics (ACMG) [7] or a similar approach [8]. In addition, online resources exist such as ClinGen to assist with interpretation of genetic results (<https://clinicalgenome.org/working-groups/sequence-variant-interpretation/>). The five ACMG-recommended variant classification categories (pathogenic, likely pathogenic, uncertain significance, likely benign and benign) are widely used by clinical genetic laboratories approved to return results. Only pathogenic/likely pathogenic results are diagnostic and should be acted upon clinically. Variants of uncertain significance (VUS) are not diagnostic and require further assessment, such as segregation studies within the family of the genetic variant and PAH. If the VUS is found to be *de novo* upon parental testing, the variant may be reclassified to likely pathogenic.

Burden of rare variants associated with PAH is not equal across the lifespan

PAH is a disease which can present at any age, with disease onset ranging from infancy to late adulthood. While there are some phenotypic differences between paediatric-onset and adult-onset PAH (e.g. the pre-pubertal male:female ratio approximates 1:1, unlike the skew toward higher prevalence among biological female sex post-puberty; paediatric-onset cases have worse haemodynamics at diagnosis). A striking finding is the higher burden of germline rare variants among those diagnosed during childhood (figure 1). Perhaps this is not surprising, given the enrichment of genes relevant to cardiopulmonary development implicated in PAH, such as *BMPR2* and other members of the TGF- β pathway, as well as transcription factors such as *TBX4* and *SOX17*. Initial work by ZHU *et al.* [9] documented roughly two-fold enrichment of deleterious *de novo* variants among paediatric-onset cases previously classified as idiopathic PAH (IPAH). A recent multinational study found nearly 2.5-fold enrichment compared to the expected rate using 124 trios of paediatric-onset PAH probands, estimating that ~15% of all paediatric-onset cases are attributable to *de novo* variants [10]. Most of the *de novo* variants influence developmentally relevant processes including, but not limited to, previously discovered genes such as *BMPR2*, *TBX4* and *SOX17*. However, larger cohorts of paediatric- and adult-onset PAH, representing PAH of all types, are needed to verify and expand the concept that paediatric-onset PAH is particularly enriched by rare (and perhaps less rare) variations in developmentally important and other genes.

Genetic testing in clinical care

Survey data from participants in the UK RAPID-PAH study demonstrate that 74% of PAH patients were interested in genetic testing [11]. When surveyed at the 7th WSPH, 66% of providers voted that the most useful role of genetic testing is to inform family members and/or contribute to family planning decisions.

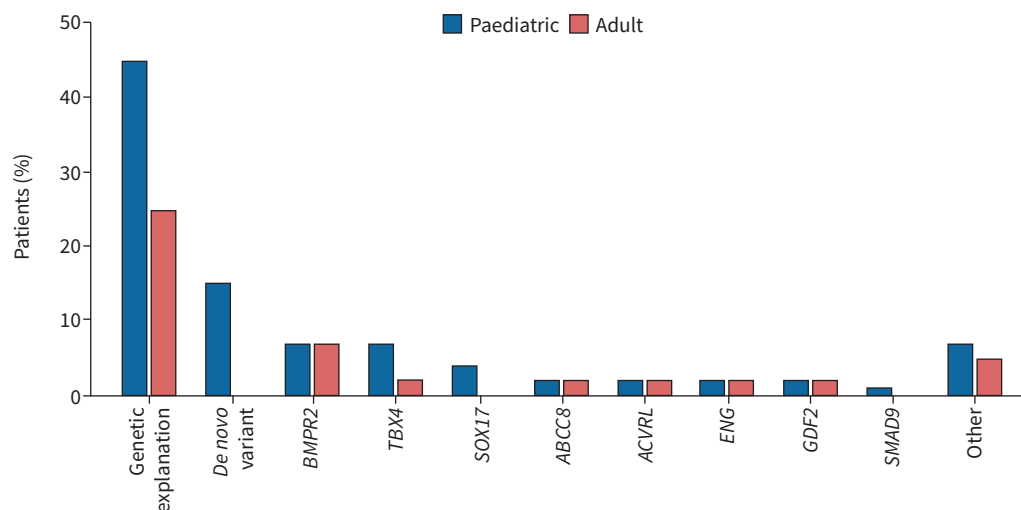


FIGURE 1 Approximate burden of rare variants (mutations) in genes associated with pulmonary arterial hypertension (PAH) among patients diagnosed at paediatric or adult age. Fewer paediatric than adult cases lack genetic explanation. Among paediatric cases, ~15% have an identifiable *de novo* variant in a gene not represented in the figure nor inherited from a biological parent while few to no adult cases have this finding. The “other” category includes genes classified (table 1) as definitive for PAH as well as those with less definitive evidence. BMPR2: bone morphogenetic protein receptor 2; TBX4: T-box transcription factor 4; SOX17: SRY-box transcription factor 17; ABCC8: ATP binding cassette subfamily C member 8; ACVRL: activin receptor like 1; ENG: endoglin; GDF2: growth differentiation factor 2; SMAD9: Smad family member 9.

TABLE 2 Utility of genetic testing in pulmonary arterial hypertension (PAH)

Prognostic information	Provides more accurate prognostic information Identifies conditions with associated features (<i>TBX4</i> , <i>ENG</i> , <i>ACVLR1</i>) to tailor care
Personalised treatment	More precise classification and tailored treatments based on genetic mutations (e.g. <i>EIF2AK4</i>)
Familial risk assessment	Clarifies risk for family members (both increased and not increased risk) Informs family planning and monitoring strategies
Early diagnosis of asymptomatic family members	Identifies heritable forms of PAH Enables early detection and intervention, potentially improving disease outcomes
Research and clinical trials	Enhances understanding of PAH pathogenesis for future genetic therapies May allow for patient stratification of responders and adverse outcomes in clinical trials

The utility of genetic testing in PH is summarised in table 2. Genetic testing should be offered to all adult patients with group 1 PH subtypes of IPAH, heritable PAH (HPAH), congenital heart disease, pulmonary capillary haemangiomas, and drugs and toxins (table 3). In adults, a genetic test composed of a panel of genes with validated association with PAH is recommended (ClinGen definitive or moderate evidence). If no mutation is identified in an adult with HPAH or with associated congenital heart disease, exome/genome sequencing is appropriate.

Genetic testing should be offered to all paediatric patients with group 1 PH subtypes of IPAH, HPAH, congenital heart disease, pulmonary capillary haemangiomas, and drug and toxin-associated PAH and group 3 PH subtypes of developmental lung disorders and congenital diaphragmatic hernia. Genetic testing for individuals with trisomy 21 or bronchopulmonary dysplasia should be limited to patients with atypical presentation, severity or response to therapy. Genetic testing in children should be exome or genome sequencing including both biological parents when possible to identify *de novo* variants.

Genetic testing in a family ideally should begin with an individual diagnosed with PAH to identify the relevant PAH gene and variant in that family. Otherwise, initial genetic testing on unaffected family members yielding normal results is uninformative and cannot reassure the unaffected family members that they are not at increased risk of PAH.

The provider who orders genetic testing for a patient with PAH may vary by country and/or expertise of the provider. Genetic results should be discussed with providers experienced in genetics including PAH clinicians, medical geneticists and/or genetic counsellors. Clinical care may include care for associated features beyond PAH that require referral to other specialists. Examples include conditions such as those

TABLE 3 Recommendations for genetic testing in pulmonary hypertension

	Symptomatic patients		Asymptomatic family members	
	Paediatric	Adult	Pathogenic/likely pathogenic variant in proband known	Pathogenic/likely pathogenic variant in proband unknown
Types of pulmonary hypertension recommended for testing	Group 1: IPAH, HPAH, CHD, PVOD/PCH and DT-PAH Group 3: developmental lung disorders and congenital diaphragmatic hernia [#]	Group 1: IPAH, HPAH, CHD, PVOD/PCH and DT-PAH		
Type of test recommended	ES/GS, ideally including parental samples	Panel testing; follow-up with ES/GS if panel is negative in HPAH, CHD	Test for family-specific variant	Panel testing; if negative, the test is uninformative

IPAH: idiopathic pulmonary arterial hypertension; HPAH: heritable pulmonary arterial hypertension; CHD: congenital heart disease; PVOD: pulmonary veno-occlusive disease; PCH: pulmonary capillary haemangiomas; DT-PAH: drug- and toxin-associated PAH; ES: exome sequencing; GS: genome sequencing. [#]: genetic testing for trisomy 21 and bronchopulmonary dysplasia should be limited to patients with atypical presentation, severity or response to therapy.

associated with *TBX4* (orthopaedic issues), *ENG* and *ACVRL1* (hereditary haemorrhagic telangiectasia with brain or liver arteriovenous malformations) or *SOX17* (congenital heart disease).

Once a pathogenic/likely pathogenic variant in a PAH gene is identified, other family members can choose to test to predict their risk of PAH. Most PAH genes are inherited in an autosomal dominant fashion with incomplete penetrance. *BMPR2* has higher penetrance in females (42% in females and 14% in males) [12]. Genetic testing of asymptomatic family members should be performed by a genetic counsellor/medical geneticist and should include discussion of disease surveillance, treatment options, prognosis with treatment, reproductive implications and reproduction options. Reproductive options can include no genetic testing of the pregnancy, prenatal genetic testing (rarely done), pre-implantation genetic diagnosis after *in vitro* fertilisation, donor gamete, adoption or choosing not to reproduce. These are complex decisions, especially as reproductive rights in the USA and other countries evolve including limitations on pregnancy termination and *in vitro* fertilisation. Informed decisions rely heavily on accurate estimates of disease risk over the life course and by sex as well as treatability. Therefore, these decisions are likely to evolve as knowledge and treatments evolve. Genetic counselling by someone experienced with PAH genetics is critical to help individuals make informed reproductive decisions. We encourage development of telemedicine options to disseminate this clinical genetic expertise more widely to PAH patients.

Integration of multiomic approaches with traditional “genetic studies”

PAH classification has historically been performed based upon clinical features, and it is unclear whether there may be other relevant ways to categorise and cluster patients based upon other omic dimensions. Multiomic integration combines data from different “omics” technologies to reveal complex molecular interactions. This approach provides a holistic view of diverse biological dimensions, offering a more complete and nuanced understanding of disease mechanisms. There are three major approaches to multiomics integration: post-analysis data integration, integrated data analysis and systems-modelling techniques. The first two function as discovery tools or hypothesis generators, providing high-level mechanistic insights. In contrast, systems-modelling techniques are primarily interpretive or hypothesis-testing in nature, with the goal of mathematically describing underlying mechanisms [13, 14].

The integration of multiple omics layers, including genomics, transcriptomics, proteomics and metabolomics, is essential to elucidate the complex mechanisms underlying PAH. Quantitative trait loci (QTL) mapping, which identifies genomic regions associated with variation in specific traits, plays an important role in this process [15, 16]. Expression QTLs link genetic variants to gene expression levels [14]; protein QTLs link genetic variants to protein abundance [17] and metabolite QTLs link genetic variants to metabolite concentrations. These QTL analyses help to understand how genetic variations influence intermediate phenotypes and contribute to disease pathology. The over-representation of these QTLs in a disease context, such as PAH, facilitates the identification of underlying biological mechanisms by which genetic risk variants mediate disease susceptibility. For example, genome-wide association studies (GWAS) on circulating proteins revealed cis-acting protein QTLs for the platelet-derived growth factor- β receptor (PDGFR β), a known drug target in PAH (with safety concerns) [18, 19]. Clinical trials can use protein QTLs to identify patients who will benefit from specific therapies, such as imatinib, which targets PDGFR β . More recently, WALTERS *et al.* [20] utilised multiomic integration to demonstrate how common genetic variants in enhancer regions upstream of the *SOX17* gene influence PAH, as described later.

The combination of QTL data and Mendelian randomisation (MR) studies enables the inference of causality between genetic variants and phenotypic traits [21]. MR uses genetic variants as instrumental variables to distinguish causal relationships from correlations, resulting in strong evidence for potential therapeutic targets. In the context of PAH, MR studies have shown that iron deficiency (highly correlated with PAH) is not causally related to the disease, narrowing the focus to more relevant biological pathways [22]. TOSHNER *et al.* [23] utilised MR to investigate the causal role of interleukin (IL)-6 in PAH, finding no significant treatment effect with tocilizumab (IL-6 receptor blocker) and no causal link between *IL6R* variants and PAH risk. Intriguingly, this effect could potentially be reversed by existing drugs.

Systems-modelling techniques study numerous possible simultaneous interactions between relevant genes, proteins and metabolites [24]. For example, mapping perturbed genes, micro (mi)RNAs, and proteins onto the interactome revealed miRNA-21 as a central regulator in pulmonary hypertension [25], highlighted the role of complement in PAH and revealed novel disease pathways and drug targets. This approach, while still in its early stages, shows great promise as more data become available, from the Pulmonary Vascular

Disease Phenomics (PVDomics) and other studies. These approaches of multiomics integration increase our understanding of PAH and support the development of precision medicine approaches.

In vitro functional studies are critical in defining the pathogenicity of variants, especially for missense and putative splicing variants. Such studies have contributed significant evidence for one of the newer PAH genes, *GDF2*, which encodes the ligand BMP9. BMP9 is synthesised as a pro-protein that dimerises and then undergoes furin cleavage. *In vitro* protein expression studies showed that rare missense variants found in PAH patients disrupt this cleavage process, leading to a reduction in mature BMP9 [10, 26, 27]. PAH patients with *GDF2* mutations showed reduced levels of circulating BMP9 in plasma. Plasma BMP9 is also reduced in portopulmonary hypertension, where it predicted transplant-free survival [28]. Available data suggest that associated PAH patients have normal BMP9 plasma levels, although BMP9 levels may be reduced in a subset of IPAH cases [29, 30]. Similarly for *TBX4*, luciferase reporter assays have been used to assess the pathogenicity of missense variants. This led to the unexpected identification of gain-of-function variants, which were associated with an older age of PAH onset compared with loss-of-function variants [31]. Similar types of studies will be important for other genes that show a preponderance of missense variants, both to add weight to the evidence as definitive PAH genes, and to better understand the underlying molecular mechanisms to guide therapeutic strategies. Additionally, advances in artificial intelligence are providing algorithms that are increasingly accurate at predicting the likely pathogenicity (or otherwise) of missense and splice-region variants. These are a valuable adjunct to wet lab experiments and may in future supersede the need for many *in vitro* studies.

While exome and genome sequencing studies have made strides in identifying genes harbouring rare variants of relatively high penetrance, the contribution of common genetic variants still lags, mainly because the available cohorts remain underpowered to detect small effects. One notable exception is *SOX17*, where both rare and common variants have been characterised [20, 32]. GWAS and a meta-analysis identified risk alleles near *SOX17* that alter regulation of gene expression in endothelial cells by modulating the function of an enhancer [20]. The risk haplotype conferred a small but highly significant increase in the risk of developing PAH, with an odds ratio of 1.8 [27]. The transcription factor *SOX17* plays important roles in cardiac development and pulmonary vascular morphogenesis, and rare loss-of-function variants in this gene may account for up to 3% of PAH cases associated with a structural congenital heart defect [9]. Statistical power to identify causal genetic variation increases with the size of the cohort [10]. Hence, initiatives like the International Consortium for Genetic Studies in PAH (PAH-ICON; <https://pahicon.com/>) will be critical to maximise size and ethnic diversity of the cohorts for discovery and validation. Prerequisite to this endeavour is the adoption of existing standards such as GA4GH (Global Alliance for Genomics and Health; www.ga4gh.org/), Observational Medical Outcomes Partnership Common Data Model (Observational Health Data Sciences and Informatics; www.ohdsi.org/) or Fast Healthcare Interoperability Resources to ensure phenotypic data use a common nomenclature and data federation allows for data aggregation to increase power [33, 34].

Assessment of genomics alone only provides an explanation in ~25% of patients with IPAH. With the advances in high-throughput technologies, additional molecular dimensions can be assessed, allowing for large-scale analysis of gene expression (transcriptomics) and its regulation through DNA methylation, histone modification, chromatin conformation and noncoding RNAs (epigenomics), abundance of proteins (proteomics), lipids (lipidomics) and metabolites (metabolomics) in bulk and more recently even at the single-cell level. In fact, multiple omics analyses are now starting to identify novel biomarkers and pathways associated with PAH with the potential to explore individualised tailored treatment and to improve risk stratification. Transcriptomic profiling of whole blood in 359 patients with HPAH/IPAH identified three subgroups with poor, moderate and good prognosis linked to the dysregulation of a small number of genes [35]. Systems analysis of transcriptomic profiles of explanted PAH and control lung tissues has been used to define distinct endotypes [36]. Similarly, computational analysis has also been applied to define differential dependency networks between cancer and PAH to define drugs that may be repurposed [37]. Ultimately, it will be important to integrate various forms of distinct data for each patient to apply a precision medicine approach to each person [38]. Precision medicine is an integrative approach to cardiovascular disease prevention and treatment that considers an individual's genetics, lifestyle and exposures as determinants of their cardiovascular health and disease phenotypes. This focus overcomes the limitations of reductionism in medicine, which presumes that all patients with the same signs of disease share a common pathophenotype and, therefore, should be treated similarly. Precision medicine incorporates standard clinical and health record data with advanced panomics (*i.e.* genomics, transcriptomics, epigenomics, proteomics, metabolomics, microbiomics) for deep phenotyping. These phenotypic data can then be analysed within the framework of molecular interaction (interactome)

networks to uncover previously unrecognised disease phenotypes, relationships between diseases, and select pharmacotherapeutics or identify potential protein–drug or drug–drug interactions.

The progress in precision medicine for PAH has been limited beyond clarifying prognosis and associated clinical features for a few PAH genes. For such a precision medicine approach to be successful, endophenotypes are needed for the various genetic drivers. An endotype can define a distinct pathophysiological mechanism as a clinical phenotype that is more refined and specific to the mechanistic aetiology of PAH, potentially with more direct genetic association with the causative gene (reviewed in [39]). For example, *BMP2* heterozygotes with HPAH typically have a subtype of “primary pulmonary hypertension”. In contrast, a person with *TBX4*-associated HPAH may have combined group 1 and group 3 PH endophenotypes with airway, pulmonary vascular and skeletal abnormalities [40–43]. Future efforts should elucidate gene-associated endotypes (endophenotypes), incorporate various sources of omic-derived data, and complex analyses to 1) guide risk stratification of those at risk; 2) enhance prognostication; 3) facilitate disease monitoring; 4) support therapeutic selection; 5) guide new therapeutic development; and 6) assist in the improvement of combination therapy (figure 2, adapted from [38]). As demonstrated in figure 2, stratification of individuals into groups of people with different rare variants in known PAH-specific genes is only the beginning of precision-based approaches, not the end. Application of current and future omic and related technologies to further explore the biological variations of each patient may allow more precise segregation of patients into clusters of endophenotypes that better facilitate precision approaches to care.

Importance of diverse, well-phenotyped human cohorts followed longitudinally

Observational cohorts of participants with PAH have supported large genomic studies, often but not always multicentre studies from a single country (table 4). These cohorts contribute deeply phenotyped participants, a key component to successful scientific advance, but this approach requires financial support, time and effort on the part of enrolling sites as well as study participants. Enrolment is a multi-year process with clinical data submission, retention of participants and acquisition of longitudinal clinical data. Additional challenges include enrolment bias due to location of centres, which may select for key demographic features such as ancestry, socioeconomic status and severity of disease due to travel limitations, access to care, and other restrictions. Unless intentionally broad, the type of phenotypic data collected may bias toward a particular question or result [54].

Longitudinal characterisation of genetically-at-risk individuals identified based upon family history or genotype in large disease-agnostic genomic studies will be critical to understand age- and sex-dependent penetrance and natural history that will be critical to inform timing of interventions to prevent PAH just in time to maximise benefits and minimise toxicity. Such studies in the absence of effective methods for prevention or treatment can be psychologically difficult for participants, but have been conducted successfully in other diseases such as Huntington disease [55]. These studies require a long-term commitment of participants and critically depend on individuals to know their genetic status and thus are predicated on patients with PAH accessing genetic testing and sharing results with their family members. Infrastructure and funding to support these efforts internationally will be needed to support these initiatives. At-risk family members do not have to know their genetic status if they prefer not to carry the psychological burden of knowing their risk, and inclusion of genotype-negative family members serve as good controls. Ideally, research protocols will also include in-depth phenotypic assessments, including detailed medical history and physical examinations, echocardiographic-based metrics, lung function studies and perhaps standard and novel mechanisms to image the lungs and pulmonary vasculature (for example, in targeted genetic conditions such as *TBX4* heterozygotes who may have developmental lung disease, standard and more novel imaging approaches, such as hyperpolarised gas-anchored magnetic resonance imaging) may be appropriate. However, protocols should include notification of patients once it becomes apparent that PAH progression has begun to allow for initiation of treatment.

Despite these challenges, tremendous progress has been made using existing observational research cohorts. Examples include large national biobanks such as the National Biological Sample and Data Repository for PAH (PAH Biobank), UK National Institute for Health and Care Research BioResource – Rare Diseases (NBR), the British Heart Foundation Pulmonary Arterial Hypertension and country-specific cohorts in France, Spain, the Netherlands, China and others. However, there remains an opportunity to address the limitations noted earlier, as well as a tremendous need to expand these studies to individuals underrepresented in genomic studies to date.

In fact, the lack of diversity in human genetic studies remains insufficiently addressed [56]. To date, >72% of people in large-scale genetic studies are of European descent, while African and South Asian ancestries

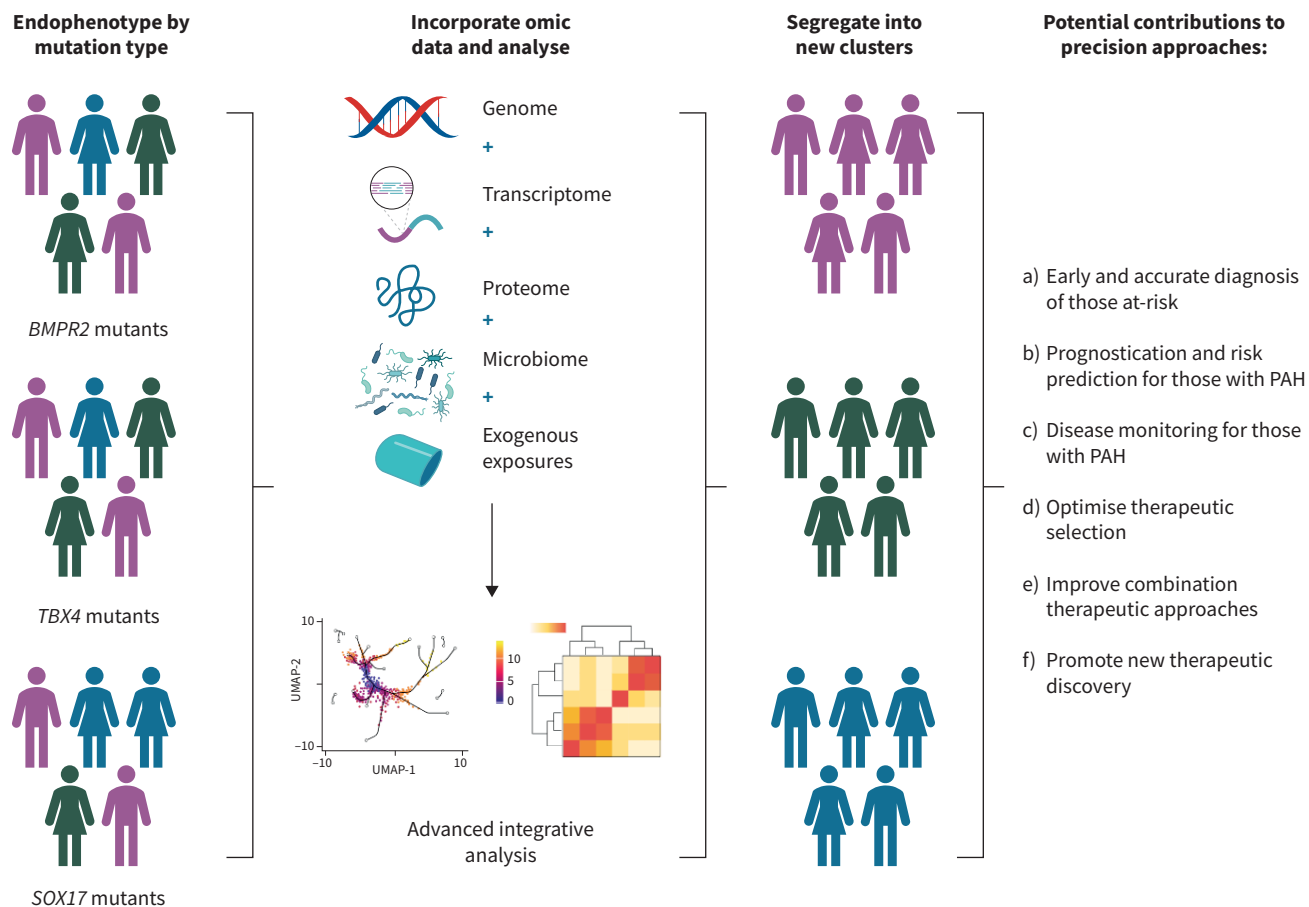


FIGURE 2 Example of approach to optimise precision approaches to subjects using genomic information (adapted from [38]). As gene-associated endotypes (endophenotypes) are determined, this information may be combined with various sources of omic-derived data, such as transcriptomics and proteomics. Efforts to incorporate exogenous sources of influence, such as environmental or other exposures should also be made. Subsequent integrative analytic approaches may reveal that individuals with similar endophenotype (including pulmonary arterial hypertension (PAH)-specific mutation) ultimately segregate into different clusters of disease profile. They may have a similar endophenotype, but be biologically distinct and have different disease profiles. This may ultimately improve precision approaches to populations of subjects as well as individuals. *BMP2*: bone morphogenetic protein receptor 2; *TBX4*: T-box transcription factor 4; *SOX17*: SRY-box transcription factor 17; UMAP: uniform manifold approximation and projection. Created using BioRender.com.

are significantly underrepresented. This substantial imbalance can limit the generalisability of genetic findings across different ancestries and highlights the need for more inclusive research (table 5).

In addition, the incorporation of genetic diversity and genetic variant status has been insufficiently addressed in clinical trials of PAH. The issue is also striking given the skewed enrolment in most industry-sponsored clinical trials. Growing recognition of the contribution of genetics to clinical trial outcomes in other diseases must be applied to PAH. This is particularly important in the case of high-impact rare genetic variants, as trials which do not incorporate genetic variants may falsely discover, or falsely miss, therapeutic effects [57]. It is important for industry- and nonindustry-sponsored trials to incorporate genetic variation in pre-trial design. At a minimum, post-trial analyses should incorporate genetic variation, including future trials and those previously completed and appropriately consented.

Furthermore, given the importance of environmental exposures to penetrance, as well as the growing understanding of PAH genetic variants across the lifecycle, there are opportunities for genomic studies to investigate lifecycle changes. In addition, the differential prevalence and response to therapy between female and male biological sex suggests an opportunity to study the interaction between genomic variations and sex. There are opportunities to incorporate rare and common genetic variants with biological changes through puberty, menopause and late life.

TABLE 4 Cohort characteristics of large, published pulmonary arterial hypertension (PAH) cohorts in paediatric and adult studies [9, 27, 44–53]

	PAHB	UK NBR	BHFPAH	UK NBR	PVDomics [#]	PHAR	Spanish	The Netherlands	FinGen	Han Chinese	The Netherlands (paediatric)	PPHNet (only group 1)	Japan and China (paediatric)
Subjects	2572	1048	275	493	1193	340	267	126	313	331	154 [¶]	663	54
Child (<19 years)	226 (8.8)	NA	NA	NA	0	NA	NA	NA	NA	57 (17)	154 (100)	663 (100)	54 (100)
Adult (>19 years)	2345 (91.2)	1048 (100)	275 (100)	493 (100)	1193 (100)	340 (100)	267 (100)	126 (100)	313 (100)	274 (83)	NA	NA	NA
Age years	48±19	45.9±20	51.3±7.7	63.4±8.21	58.2±14.5	44.7±18.5	48.6±0.9	49±16	61.2	28±10.8	22 (0.4–6.7)	4.3±5.4	8.5±3.9
Females	2023 (78.7)	723 (68.9)	184 (66.9)	250 (50.7)	742 (62.1)	237 (70)	186 (70)	89 (71)	206 (65.8)	258 (77.9)	80 (51)	367 (55.3)	30
Female:male ratio	3.7:1	2.2:1	2:1	1:1	1.64:1		2.3:1		1.9:1	3.5:1		1.2:1	1.25:1
Ancestry													
European	1852 (72)	934 (81.6)	275 (100)	493 (100)	958 (80)	340 (100)	245 (92.8)	126 (100)	313 (100)				
Hispanic	315 (12.3)				110 (9.1)		11 (4.2)						
African	292 (11.4)				145 (12)		4 (1.5)						
East Asian	70 (2.7)				26 (2.2) [†]					331 (100)			54 (100)
South Asian	28 (1.1)												
Others	15 (0.58)												
Haemodynamics													
mPAP mmHg	50±14	52					55.3±1.1	52±17		62±14.9	51±20		64.3±20.6 [§]
PVR WU	10.7±7						12.6±0.4	9.9±1.75		15.2±6.9	17.8±12.7		19.1±11.6
PCWP mmHg	10±4	9.4					9.1±0.3	10±3		9±2.9	9±5		9.0±2.7
Cardiac output L·min ⁻¹	4.5±1.8	3.9					4.3±0.1						
Mean arterial pressure mmHg	90±19												
PAH type													
IPAH	1110 (43)	908 (86.6)	246 (89.5)		158 (13.2)		142 (45.3)	114 (90)		331 (100)	36 (23.3)		
HPAH	101 (3.9)	58 (5.5)	27 (9.8)		27 (2.2)		16 (5.1)						
CHD-PAH	268 (10.4)				36 (3.0)		38 (12.1)				111 (72)		
CTD-PAH	722 (28)				93 (7.8)		30 (9.5)				3 (1.9)		
DT-PAH	110 (4.2)	60 (5.7)	2 (0.7)		16 (1.3)								
HIV-PAH	110 (4.2)				10 (0.8)						1 (0.06)		
PVOD	11 (0.4)	22 (2.1)					15 (4.7)	12 (10)			3 (1.9)		
PoPH-PAH	139 (5.4)				18 (1.5)								
Other	1 (0.03)				10 (0.8)		26 (8.3)						

Data are presented as n, n (%) or mean±sd. PAHB: Pulmonary Arterial Hypertension Biobank; UK NBR: UK National Institute for Health Research BioResource – Rare Diseases; BHFPAH: British Heart Foundation PAH cohort; PVDomics: Pulmonary Vascular Disease Phenomics Study; PHAR: Pulmonary Hypertension Association Registry; PPHNet: Pediatric Pulmonary Hypertension Network; mPAP: mean pulmonary arterial pressure; PVR: pulmonary vascular resistance; WU: Wood Units; PCWP: pulmonary capillary wedge pressure; IPAH: idiopathic PAH; HPAH: heritable PAH; CHD: congenital heart disease; CTD: connective tissue disease; DT: drug and toxin; PVOD: pulmonary veno-occlusive disease; PoPH: portopulmonary hypertension; NA: not applicable. [#]: PVDomics includes all five World Symposium on Pulmonary Hypertension groups (n=750), together with disease comparators (n=347) and 96 healthy controls; [¶]: 19 with genetic testing; [†]: all Asian subjects combined; [§]: right heart catheterisation only performed in 44 subjects.

TABLE 5 Cohorts and registries with available rare variant genetic data

	Subjects n	Ancestry			PAH subtype				Genetic data
		European	African	East Asian	IPAH	HPAH	CHD-PAH	DT-PAH	
PAHB	2572	72	11.4	2.7	43	3.9	10.4	4.2	WES
UK NBR	1048	81.6			86.6	5.5		5.7	WGS
BHFPAH	275	100			89.5	9.8		0.7	WGS
PHAR	340	100							WGS
REHAP	1132				73.9		11.4		WES
The Netherlands	126	100			90				Panel
Han Chinese	331			100	100				WES
Paediatric cohorts									
The Netherlands	19	100							
PPHNet	40					100			
REHIPED	98	81.6	1		53.1	5.1	30.6		WES
Japan/China	54			100					Panel

Data are presented as %, unless otherwise stated. PAH: pulmonary arterial hypertension; IPAH: idiopathic PAH; HPAH: heritable PAH; CHD: congenital heart disease; DT: drug and toxin; PAHB: Pulmonary Arterial Hypertension Biobank; UK NBR: UK National Institute for Health Research BioResource – Rare Diseases; BHFPAH: British Heart Foundation PAH cohort; PHAR: Pulmonary Hypertension Association Registry; REHAP: Rehabilitation in Pulmonary Hypertension; PPHNet: Pediatric Pulmonary Hypertension Network; REHIPED: Spanish Registry of Pediatric Pulmonary Arterial Hypertension; WES: whole-exome sequencing; WGS: whole-genome sequencing.

Integration of genome-level data into risk score development and testing

Risk score development continues to expand, improving clinicians' ability to determine and tailor therapy according to specific patient factors. To date, there has been limited incorporation of genetic data into risk scores, with the exception of heritable PAH status in the Registry to Evaluate Early and Long-Term Pulmonary Arterial Hypertension Disease Management (REVEAL) 2.0 [58]. While it has been confirmed in a multinational study that *BMPR2* heterozygotes have more severe disease, this has not been applied to clinical decision-making, nor has stratification by genetics been incorporated extensively (e.g. according to age, sex or other factors). In depth understanding of the phenotype by monogenic variation is a major missed opportunity.

Risk prediction scores should be developed and will be of immediate relevance to family members carrying genetic risk factors to determine intensity of surveillance over the life course, to best utilise medical resources and minimise psychological burden. Such models will require study of asymptomatic individuals with longitudinal surveillance to ensure accuracy.

Building biological banks: research cohorts within and between countries

As is the case for all rare diseases, sizable cohorts are typically necessary to enable well-powered analyses that yield meaningful results. This is no different for PAH. For common diseases, studies are now being performed using cohorts >100 000. While studies of this magnitude will never be possible for PAH, it is important to include as many patients as possible to ensure the most meaningful results. Recognising the need for a sizeable cohort of PAH patients, the National Biologic Sample and Data Repository for PAH was established with USD 10 million in funding from the National Heart, Lung, and Blood Institute/National Institutes of Health. Known more commonly as the PAH Biobank (www.pahbiobank.org), this initiative aimed to enrol >2500 group 1 PAH patients across North America. Participants provided blood samples that enabled the banking of plasma, serum, DNA, RNA and transformed lymphoblastoid cell lines (LCLs). In addition, clinical data were provided for each patient in a secured, encrypted online case report form. DNA prepared from whole blood was used to generate genomic data including whole-genome single nucleotide polymorphism data, panel sequencing of PAH-specific genes and dosage data for a small subset of established PAH genes. The PAH Biobank enrolled 2874 PAH patients over the 6-year enrolment period from 38 different enrolling centres. This included the storage of >100 000 aliquots of both plasma and serum, >20 000 vials of transformed LCLs, 5600 vials of both DNA and RNA, genomic data as well as the associated clinical data collected for enrollees. Created as a resource for the scientific community, these data and samples have been shared with >40 investigators resulting in >50 publications, and several R01 research projects funded using the samples and data.

Other PAH patient cohorts have also yielded significant findings. These include a large UK cohort (NBR consortium, UK PAH Cohort Study Consortium) consisting of >1000 IPAH patients, and the PVDomics

project funded by the National Institutes of Health with almost 1200 participants followed longitudinally. Uniquely, PVDomics enrolled all five WSPH groups, together with disease comparators and healthy controls, and will therefore provide novel omics insights across the PH spectrum [46]. Biospecimens include not only peripheral blood, but also blood samples obtained during right heart catheterisation and invasive cardiopulmonary exercise testing. Other smaller cohorts with biospecimens also exist. To this end, it would be advantageous to integrate these existing cohorts for future genetic and other research studies. This is evidenced in the recent report combining the exome sequence data generated for the PAH Biobank and the genome sequence data of the NBR consortium resulting in the rare variant analysis of 4241 PAH cases and several novel genes contributing to PAH. PAH-ICON, a collaborative network of centres around the world, brings research expertise and/or patient populations to the consortium. The group aims to enable studies that will have the statistical power to characterise the genomic architecture of PAH and to address the major questions regarding the role of genetic variation on disease penetrance, phenotype and the clinical course of disease.

Another potentially important resource for the study of PAH genetics and genomics are the large and broad population biobanks both in the USA and the UK. The All of Us Research Program in the USA, funded by the National Institutes of Health, is inviting 1 million people across the USA to build one of the most diverse health databases available. Researchers can use the data to learn how biology, lifestyle and environment affect health. To date, >519 000 participants have completed all the initial steps of the study. Short-read genome sequencing is available for 245 400 of the participants. These data are available by registering on the website (<https://researchallofus.org/>). While there may be individuals with PAH enrolled in this program, largely, the All of Us programme participants can serve as controls for PAH studies. The UK Biobank is an even larger resource of data for additional PAH patients or control data. It is a large-scale biomedical database and research resource containing in-depth, de-identified genetic and health data from a half million UK participants. It is globally accessible to approved researchers and scientists undertaking vital research into the most common and life-threatening diseases. The UK Biobank includes the largest genome sequencing dataset in the world having sequenced all 500 000 participants with a wide range of biochemical markers in samples collected at baseline from all 500 000 participants. Both the All of Us Research Program and the UK Biobank can provide important data for PAH genetic (and other) studies either by identifying additional patients with PAH or as control data.

Genetic condition specific registries for each PAH gene need to be developed to support each of the rare genetic disease communities associated with PAH. These research registries should use a common core of PAH data elements, but also need to include condition-specific elements. Building online international rare genetic disease communities is empowering to patients and their families and can provide critical biospecimens and data to allow for effective partnership with researchers to develop novel treatments. Hence, during the WSPH in Barcelona we initiated a “call to action” for building future PH cohorts. Interested scientists can register their interest at <https://bit.ly/BuildingFuturePHCohorts> (supplementary figure S1), which will be followed-up within the PAH-ICON.

Key role for engagement and partnership with stakeholders

Successful research into the genomic and other features of PAH is intimately related to patient and family participation in research studies. In addition, integration of researchers around the world and among academic medicine, governmental and nongovernmental organisations and industry is vital.

A key element is inclusion, particularly of all patients and their family members and patient advocacy groups. Barriers to participation exist, including but not limited to challenges with time commitment for participation, incomplete understanding of study goals and complexities about the return of study results due to the need for confirmation of research genetic results in a clinical laboratory. Physicians and other medical providers should be involved in study design and implementation, and educated on the conduct and results of studies in which their patients participate [59].

Overall, there is a tremendous opportunity for leading PH researchers and organisations to partner with other stakeholders to develop guidelines and agreements for 1) engagement of patients and families, in particular, in study design and conduct; 2) engagement of medical providers; 3) determination of mechanisms to share genetic data under a framework with involvement of genetic counselling/education; and 3) proactive engagement of diverse populations supported across cultures, socioeconomic levels and geographic locations.

Application of new discoveries to clinical care and research studies

An underdeveloped area is biospecimen data and genomic data from clinical trials in PAH. Adding additional dimensions of data might be critical in *post hoc* analyses of outcomes of clinical trials,

especially those that do not meet their primary outcome and/or are associated with toxicity. Stratification by genotype could identify subsets of responders, nonresponders or individuals with adverse outcomes and could help to reconsider medications for genetically defined subsets of patients. As an example, adverse events due to hypersensitivity with abacavir for HIV were limited to individuals with an HLA-B*5701 that are now genotyped prior to drug initiation and identification of this genotoxicity salvaged a drug that otherwise would have been discarded due to adverse events [60].

Typically, clinical trial participants are deeply phenotyped (although not in a homogeneous manner across trials) including well-defined PAH subtypes, clinical information, medicinal exposures and biospecimen data. It is increasingly common to incorporate genomic and molecular characterisation into trial designs, presuming that comprehensive molecular profiling will accelerate precision therapeutic selection. For example, the identification of genetic variants that modify response to existing and novel therapeutic agents is an important potential advance not realised in PH. While not specific to PH, a number of barriers impair incorporation of genetic analyses into clinical trials, such as 1) genomic data are often not included in the limited budget allocations available to conduct expensive nonindustry-sponsored clinical trials and/or industry partners have little incentive to support such data generation for industry-sponsored trials; 2) a uniform approach to centralised storage for genomic and similar data is limited; 3) deposition of data into public repositories is often incomplete and/or delayed relative to study completion/publication, or, matching phenotypic data are incomplete; 4) bioinformatics platforms lack uniform file formats, data quality filter parameters, and other variations that discourage harmonisation across data sources; and 5) restrictions to data sharing across national borders are complicated and vary by country and region [61]. Each of these barriers inhibit investigators' ability to reanalyse or combine datasets for scientific discovery.

The capacity to view the genomic data across all completed trials at the subject level might stimulate tremendous advances. Such a need demands a change in our field regarding data access. An effective system would harmonise data across clinical trial and other human cohort studies to facilitate maximally effective use of genomic and phenotypic data. For example, secondary analysis of several US FDA-derived industry-sponsored datasets has proven highly successful in expanding our understanding of phenotypic differences in trial outcomes, surrogate end-points and other contributions. Similar analyses incorporating genomic data may prove beneficial and is a lost study opportunity [62–64].

Ultimately, genetic and genomic contributions to the PH field will flourish by the integration of patient-derived data from a wide variety of sources linked to accessible biospecimens for research. Data generated from these sources will require advanced forms of data analysis, integration and interpretation. A continually iterative process will harmonise with clinical phenotypic advances, novel approaches to

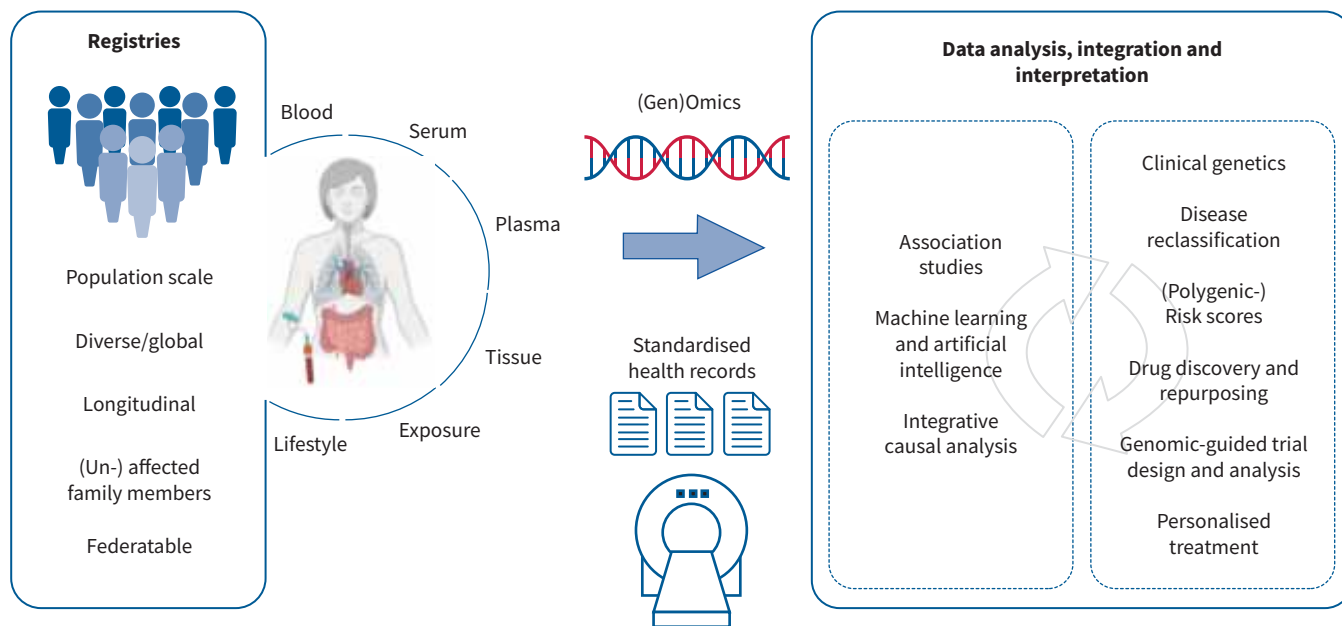


FIGURE 3 Harmonisation of resources, biomedical reagents and information and analytic approaches must be achieved to truly advance the field.

therapeutic development, and clinical trial designs to truly achieve precision-based PH management and approach to those who are healthy but at risk (figure 3).

Summary

There have been significant advances in the genetic understanding of PAH. We provide updated guidelines for clinical genetic testing, which should start with the patient before testing healthy family members. Important gaps remain in our knowledge of genetic contributions to PAH across the lifespan, particularly in children, genetic and nongenetic modifiers of penetrance over the life course, natural history, and response to therapy for each genetic subtype of PAH. Larger and more diverse cohorts, particularly those that include longitudinal and treatment data and clinical trial data, will be critical to answer these questions. Inclusion of asymptomatic genetically at-risk individuals with longitudinal data will minimise biases that could inflate penetrance estimates. Multiomic data could help to refine risk estimate and elucidate molecular mechanisms. All of this information will be important for the next generation of therapies that could include genetically based therapies to correct the underlying genetic cause, but perhaps only if individuals are identified before irreversible disease manifestations arise.

Acknowledgements: Progress in the pursuit of scientific knowledge regarding the genetics and genomics of PAH cannot proceed without the generous participation of countless patients and impacted families. We thank each research participant for their contribution through the years, as well as the countless scientists involved in PAH research. In addition, the authors wish to acknowledge the contributions to the field of PAH genetics and PH more broadly by our friend and collaborator, John H. Newman, a leader in the PH theatre and member of this task force, who unfortunately passed away in early 2024.

Conflict of interest: E.D. Austin reports grants from NIH (R01FD007627; 1R01HL134802; T32HL160508; R01HL169859; R34HL173389; 5P01HL108800) and the Cardiovascular Medical Research Fund, payment or honoraria for lectures, presentations, manuscript writing or educational events from Acceleron, Inc., participation on a data safety monitoring board or advisory board with NIH, and leadership roles with PHA and TBX4Life. M. Alotaibi reports grants from NIH. M.A. Aldred reports grants from NHLBI and a leadership role with the International Consortium for Genetics Studies in PAH (PAH-ICON). S. Gräf reports a leadership role as Co-Chair of the International Consortium for Genetic Studies in Pulmonary (Arterial) Hypertension (P(A)H-ICON). W.C. Nichols reports grants from NIH/NHLBI. R.C. Trembath reports support for attending meetings from conference organisers. W.K. Chung has no potential conflicts of interest to disclose.

References

- Mendell JR, Al-Zaidy S, Shell R, *et al.* Single-dose gene-replacement therapy for spinal muscular atrophy. *N Engl J Med* 2017; 377: 1713–1722.
- Lee J-A, Cho A, Huang EN, *et al.* Gene therapy for cystic fibrosis: new tools for precision medicine. *J Transl Med* 2021; 19: 452.
- Deng Z, Morse JH, Slager SL, *et al.* Familial primary pulmonary hypertension (gene PPH1) is caused by mutations in the bone morphogenetic protein receptor-II gene. *Am J Hum Genet* 2000; 67: 737–744.
- International PPH Consortium, Lane KB, Machado RD, *et al.* Heterozygous germline mutations in BMPR2, encoding a TGF- β receptor, cause familial primary pulmonary hypertension. *Nat Genet* 2000; 26: 81–84.
- Guignabert C, Aman J, Bonnet S, *et al.* Pathology and pathobiology of pulmonary hypertension: current insights and future directions. *Eur Respir J* 2024; 64: 2401095.
- Welch CL, Aldred MA, Balachandar S, *et al.* Defining the clinical validity of genes reported to cause pulmonary arterial hypertension. *Genet Med* 2023; 25: 100925.
- Rehder C, Bean LJH, Bick D, *et al.* Next-generation sequencing for constitutional variants in the clinical laboratory, 2021 revision: a technical standard of the American College of Medical Genetics and Genomics (ACMG). *Genet Med* 2021; 23: 1399–1415.
- Houge G, Laner A, Cirak S, *et al.* Stepwise ABC system for classification of any type of genetic variant. *Eur J Hum Genet* 2022; 30: 150–159.
- Zhu N, Pauciuolo MW, Welch CL, *et al.* Novel risk genes and mechanisms implicated by exome sequencing of 2572 individuals with pulmonary arterial hypertension. *Genome Med* 2019; 11: 69.
- Zhu N, Swietlik EM, Welch CL, *et al.* Rare variant analysis of 4241 pulmonary arterial hypertension cases from an international consortium implicates FBLN2, PDGFD, and rare *de novo* variants in PAH. *Genome Med* 2021; 13: 80.
- Swietlik EM, Fay M, Morrell NW. Unlocking the potential of genetic research in pulmonary arterial hypertension: insights from clinicians, researchers, and study team. *Pulm Circ* 2024; 14: e12353.
- Larkin EK, Newman JH, Austin ED, *et al.* Longitudinal analysis casts doubt on the presence of genetic anticipation in heritable pulmonary arterial hypertension. *Am J Respir Crit Care Med* 2012; 186: 892–896.

- 13 Leopold JA, Hemnes AR. Integrative omics to characterize and classify pulmonary vascular disease. *Clin Chest Med* 2021; 42: 195–205.
- 14 Pinu FR, Beale DJ, Paten AM, et al. Systems biology and multi-omics integration: viewpoints from the metabolomics research community. *Metabolites* 2019; 9: 76.
- 15 Shin S-Y, Fauman EB, Petersen A-K, et al. An atlas of genetic influences on human blood metabolites. *Nat Genet* 2014; 46: 543–550.
- 16 Long T, Hicks M, Yu HC, et al. Whole-genome sequencing identifies common-to-rare variants associated with human blood metabolites. *Nat Genet* 2017; 49: 568–578.
- 17 Sun BB, Maranville JC, Peters JE, et al. Genomic atlas of the human plasma proteome. *Nature* 2018; 558: 73–79.
- 18 Ghofrani HA, Morrell NW, Hoepfer MM, et al. Imatinib in pulmonary arterial hypertension patients with inadequate response to established therapy. *Am J Respir Crit Care Med* 2010; 182: 1171–1177.
- 19 Hoepfer MM, Barst RJ, Bourge RC, et al. Imatinib mesylate as add-on therapy for pulmonary arterial hypertension: results of the randomized IMPRES study. *Circulation* 2013; 127: 1128–1138.
- 20 Walters R, Vasilaki E, Aman J, et al. SOX17 enhancer variants disrupt transcription factor binding and enhancer inactivity drives pulmonary hypertension. *Circulation* 2023; 147: 1606–1621.
- 21 Larsson SC, Butterworth AS, Burgess S. Mendelian randomization for cardiovascular diseases: principles and applications. *Eur Heart J* 2023; 44: 4913–4924.
- 22 Ulrich A, Wharton J, Thayer TE, et al. Mendelian randomisation analysis of red cell distribution width in pulmonary arterial hypertension. *Eur Respir J* 2020; 55: 1901486.
- 23 Toshner M, Church C, Harbaum L, et al. Mendelian randomisation and experimental medicine approaches to interleukin-6 as a drug target in pulmonary arterial hypertension. *Eur Respir J* 2022; 59: 2002463.
- 24 Menche J, Sharma A, Kitsak M, et al. Disease networks. Uncovering disease–disease relationships through the incomplete interactome. *Science* 2015; 347: 1257601.
- 25 Parikh VN, Jin RC, Rabello S, et al. MicroRNA-21 integrates pathogenic signaling to control pulmonary hypertension: results of a network bioinformatics approach. *Circulation* 2012; 125: 1520–1532.
- 26 Gräf S, Haimel M, Bleda M, et al. Identification of rare sequence variation underlying heritable pulmonary arterial hypertension. *Nat Commun* 2018; 9: 1416.
- 27 Rhodes CJ, Batai K, Bleda M, et al. Genetic determinants of risk in pulmonary arterial hypertension: international genome-wide association studies and meta-analysis. *Lancet Respir Med* 2019; 7: 227–238.
- 28 Robert F, Certain MC, Baron A, et al. Disrupted BMP-9 signaling impairs pulmonary vascular integrity in hepatopulmonary syndrome. *Am J Respir Crit Care Med* 2024; 210: 648–661.
- 29 Wang X-J, Lian TY, Jiang X, et al. Germline BMP9 mutation causes idiopathic pulmonary arterial hypertension. *Eur Respir J* 2019; 53: 1801609.
- 30 Hodgson J, Swietlik EM, Salmon RM, et al. Characterization of GDF2 mutations and levels of BMP9 and BMP10 in pulmonary arterial hypertension. *Am J Respir Crit Care Med* 2020; 201: 575–585.
- 31 van den Heuvel LM, Jansen SMA, Alsters SIM, et al. Genetic evaluation in a cohort of 126 Dutch pulmonary arterial hypertension patients. *Genes* 2020; 11: 1191.
- 32 Zhu N, Welch CL, Wang J, et al. Rare variants in SOX17 are associated with pulmonary arterial hypertension with congenital heart disease. *Genome Med* 2018; 10: 56.
- 33 Fischer, P, Stöhr, M R, Gall, H, et al. Data integration into OMOP CDM for heterogeneous clinical data collections via HL7 FHIR bundles and XSLT. *Stud Health Technol Inform* 2020; 270: 138–142.
- 34 Biedermann P, Ong R, Davydov A, et al. Standardizing registry data to the OMOP Common Data Model: experience from three pulmonary hypertension databases. *BMC Med Res Methodol* 2021; 21: 238.
- 35 Kariotis S, Jammeh E, Swietlik EM, et al. Biological heterogeneity in idiopathic pulmonary arterial hypertension identified through unsupervised transcriptomic profiling of whole blood. *Nat Commun* 2021; 12: 7104.
- 36 Stearman RS, Bui QM, Speyer G, et al. Systems analysis of the human pulmonary arterial hypertension lung transcriptome. *Am J Respir Cell Mol Biol* 2019; 60: 637–649.
- 37 Negi V, Yang J, Speyer G, et al. Computational repurposing of therapeutic small molecules from cancer to pulmonary hypertension. *Sci Adv* 2021; 7: eabh3794.
- 38 Leopold JA, Loscalzo J. Emerging role of precision medicine in cardiovascular disease. *Circ Res* 2018; 122: 1302–1315.
- 39 Genkel VV, Shaposhnik II. Conceptualization of heterogeneity of chronic diseases and atherosclerosis as a pathway to precision medicine: endophenotype, endotype, and residual cardiovascular risk. *Int J Chronic Dis* 2020; 2020: 5950813.
- 40 Austin ED, Elliott CG. TBX4 syndrome: a systemic disease highlighted by pulmonary arterial hypertension in its most severe form. *Eur Respir J* 2020; 55: 2000585.
- 41 Galambos C, Mullen MP, Shieh JT, et al. Phenotype characterisation of TBX4 mutation and deletion carriers with neonatal and paediatric pulmonary hypertension. *Eur Respir J* 2019; 54: 1801965.
- 42 Kerstjens-Frederikse WS, Bongers EM, Roofthoof MT, et al. TBX4 mutations (small patella syndrome) are associated with childhood-onset pulmonary arterial hypertension. *J Med Genet* 2013; 50: 500–506.

- 43 Thoré P, Girerd B, Jais X, *et al.* Phenotype and outcome of pulmonary arterial hypertension patients carrying a *TBX4* mutation. *Eur Respir J* 2020; 55: 1902340.
- 44 DesJardin JT, Kolaitis NA, Kime N, *et al.* Age-related differences in hemodynamics and functional status in pulmonary arterial hypertension: baseline results from the Pulmonary Hypertension Association Registry. *J Heart Lung Transplant* 2020; 39: 945–953.
- 45 Martínez-Meñaca A, Cruz-Utrilla A, Mora-Cuesta VM, *et al.* Simplified risk stratification based on cardiopulmonary exercise test: a Spanish two-center experience. *Pulm Circ* 2024; 14: e12342.
- 46 Hemnes AR, Leopold JA, Radeva MK, *et al.* Clinical characteristics and transplant-free survival across the spectrum of pulmonary vascular disease. *J Am Coll Cardiol* 2022; 80: 697–718.
- 47 Post MC, Van Dijk, Hoendermis ES, *et al.* PulmoCor: national registry for pulmonary hypertension. *Neth Heart J* 2016; 24: 425–430.
- 48 Pentikäinen M, Soini E, Asseburg C, *et al.* Pulmonary arterial hypertension (PAH) and chronic thromboembolic pulmonary hypertension (CTEPH) patients in Finland (FINPAH) – a descriptive retrospective real world cohort study between. *Value Health* 2022; 25: S43.
- 49 Zhang R, Dai L-Z, Xie W-P, *et al.* Survival of Chinese patients with pulmonary arterial hypertension in the modern treatment era. *Chest* 2011; 140: 301–309.
- 50 Castaño JAT, Hernández-Gonzalez I, Gallego N, *et al.* Customized massive parallel sequencing panel for diagnosis of pulmonary arterial hypertension. *Genes* 2020; 11: 1158.
- 51 Haarman MG, Kerstjens-Frederikse WS, Vissia-Kazemier TR, *et al.* The genetic epidemiology of pediatric pulmonary arterial hypertension. *J Pediatr* 2020; 225: 65–73.
- 52 Miyamoto K, Inai K, Kobayashi T, *et al.* Outcomes of idiopathic pulmonary arterial hypertension in Japanese children: a retrospective cohort study. *Heart Vessels* 2021; 36: 1392–1399.
- 53 Wang M-T, Charng M-J, Chi P-L, *et al.* Gene mutation annotation and pedigree for pulmonary arterial hypertension patients in Han Chinese patients. *Global Heart* 2021; 16: 67.
- 54 Bowton E, Field JR, Wang S, *et al.* Biobanks and electronic medical records: enabling cost-effective research. *Sci Transl Med* 2014; 6: 234cm3.
- 55 Jiang A, Handley RR, Lehnert K, *et al.* From pathogenesis to therapeutics: a review of 150 years of Huntington’s disease research. *Int J Mol Sci* 2023; 24: 13021.
- 56 Sirugo G, Williams, SM, Tishkoff, SA. The missing diversity in human genetic studies. *Cell* 2019; 177: 26–31.
- 57 Leonard H, Blauwendraat C, Krohn L, *et al.* Genetic variability and potential effects on clinical trial outcomes: perspectives in Parkinson’s disease. *J Med Genet* 2020; 57: 331–338.
- 58 Benza RL, Gomberg-Maitland M, Elliott CG, *et al.* Predicting survival in patients with pulmonary arterial hypertension: the REVEAL risk score calculator 2.0 and comparison with ESC/ERS-based risk assessment strategies. *Chest* 2019; 156: 323–337.
- 59 Appelbaum PS, Stiles DF, Chung W. Cases in precision medicine: should you participate in a study involving genomic sequencing of your patients? *Ann Intern Med* 2019; 171: 568–572.
- 60 Stekler J, Maenza J, Stevens C, *et al.* Abacavir hypersensitivity reaction in primary HIV infection. *AIDS* 2006; 20: 1269–1274.
- 61 Asad S, Kananen K, Mueller KR, *et al.* Challenges and gaps in clinical trial genomic data management. *JCO Clin Cancer Inform* 2022; 6: e2100193
- 62 Mathai SC, Puhan MA, Lam D, *et al.* The minimal important difference in the 6-minute walk test for patients with pulmonary arterial hypertension. *Am J Respir Crit Care Med* 2012; 186: 428–433.
- 63 Moutchia J, McClelland RL, Al-Naamani N, *et al.* Minimal clinically important difference in the 6-minute-walk distance for patients with pulmonary arterial hypertension. *Am J Respir Crit Care Med* 2023; 207: 1070–1079.
- 64 Ventetuolo CE, Hess E, Austin ED, *et al.* Sex-based differences in veterans with pulmonary hypertension: results from the Veterans Affairs-Clinical Assessment Reporting and Tracking database. *PLoS One* 2017; 12: e0187734.