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**LIPID MOBILIZATION IN ADIPOSE TISSUE**

**By**

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## CHAPTER V

## SUMMARY

1. The lipolytic response of adipose tissue in vitro is stimulated by catecholamines, lipolytic blocking agents at low concentrations, and polypeptide hormones. This stimulation can be modified by insulin, 3<sup>h</sup>4<sup>h</sup>-dichloroisoproterenol (DCI) and (2<sup>h</sup>4<sup>h</sup>-dichlorophenyl)2-t-butylaminoethanol (DCB).
2. DCI has a dual action on adipose tissue which is dose dependent. At lower concentrations of DCI in vitro which are approximately the same as the concentrations used in vivo, FFA release is stimulated; at higher DCI concentrations which inhibit the lipolytic response of catabolic hormones, the release remains at control levels.
3. The mechanism for the stimulation of lipolysis persists in the absence of the lipolytic hormones.
4. The inhibition of lipolysis produced when 3<sup>h</sup>4<sup>h</sup>-dichloroisoproterenol (DCI) is present in the medium is reversed when 3<sup>h</sup>4<sup>h</sup>-dichloroisoproterenol is removed; therefore, the inhibition is due to the molecule itself and not destruction of the lipolytic mechanism.
5. Insulin has two actions in regulating the fatty acid balance in adipose tissue: 1. to increase esterification, and 2. to directly inhibit the lipolytic mechanism.
6. The changes in carbohydrate metabolism due to lipolytic agents are undoubtedly influenced by FFA levels. However, since (2<sup>h</sup>4<sup>h</sup>-dichlorophenyl)2-t-butylaminoethanol (DCB) does not induce FFA release but does alter carbohydrate metabolism, it appears that these lipolytic agents also have a direct action on carbohydrate metabolism.

7. 2-deoxy-D-glucose blockade of re-esterification does not increase FFA release which suggests that the lipolytic mechanism and therefore its blockade is independent of glucose metabolism.

## TABLE OF CONTENTS

	Page
ACKNOWLEDGEMENTS . . . . .	III
LIST OF FIGURES . . . . .	VI
LIST OF TABLES . . . . .	VII
CHAPTER I -	
Historical Review . . . . .	1
Carbohydrate Metabolism . . . . .	3
Lipolysis and FFA Release . . . . .	7
Introduction . . . . .	12
CHAPTER II -	
Materials . . . . .	13
Chemical Methods . . . . .	16
Isotopic Methods . . . . .	18
Preparation of Anti-insulin Serum . . . . .	20
Preparation of Lipase Substrate . . . . .	20
CHAPTER III -	
Results . . . . .	22
Effect of Lipolytic Hormones on FFA Release Without Continued Stimulation . . . . .	22
Effect of Epinephrine When Tissues Are Preincubated With DCI . . . . .	22
Effect of Lipolytic Hormones on FFA Release in the Presence of DCI . . . . .	25
Effect of DCI on Lipolysis <u>In Vitro</u> . . . . .	26
Effect of DCI on The Lipolytic Response After Pretreat- ment With Reserpine . . . . .	29
FFA Release With Varying Doses of Isoproterenol and Constant Doses of DCI and DCB . . . . .	29
Glucose Uptake in Response to DCI . . . . .	34
Effect of DCI and Isoproterenol on FFA Release and Incorporation of Glucose-6-C <sup>14</sup> to CO <sub>2</sub> . . . . .	34

Effect of DCB<sub>1</sub> and Isoproterenol on the Incorporation of  
 Glucose-6-C<sup>14</sup> to C<sup>14</sup>O<sub>2</sub> . . . . . 36

Effect of Glucose on FFA Release Induced by Isopro-  
 terenol and Blocked by Insulin . . . . . 37

Effects of Insulin, Anti-insulin Serum and Isopro-  
 terenol on FFA Release In Vitro . . . . . 37

Effect of 2-Deoxy-D-Glucose on Glucose Utilization and  
 FFA Release . . . . . 37

Preliminary Study on Adipose Tissue Lipase . . . . . 42

CHAPTER IV -

Discussion . . . . . 45

Factors Which Initiate Lipolysis . . . . . 45

Factors Which Modify the Initiation of Lipolysis . . . 48

Metabolic Effects of Agents Which Stimulate or Inhibit  
 Lipolysis . . . . . 51

CHAPTER V -

Summary . . . . . 54

REFERENCES CITED . . . . . 56

ABBREVIATIONS USED . . . . . 62

CURRICULUM VITAE . . . . . 63

PUBLICATIONS . . . . . 63