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Increase in acid sphingomyelinase level in human retinal endothelial cells and CD34⁺ circulating angiogenic cells isolated from diabetic individuals is associated with dysfunctional retinal vasculature and vascular repair process in diabetes

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Abstract

Background—Diabetic retinopathy (DR) is a microvascular disease that results from retinal vascular degeneration and defective repair due to diabetes induced endothelial progenitor dysfunction.

Objective—Understanding key molecular factors involved in vascular degeneration and repair is paramount for developing effective DR treatment strategies. We propose that diabetes-induced activation of acid sphingomyelinase (ASM) plays essential role in retinal endothelial and CD34⁺ circulating angiogenic cell (CAC) dysfunction in diabetes.

Methods—Human retinal endothelial cells (HRECs) isolated from control and diabetic donor tissue and human CD34⁺ CACs from control and diabetic patients were used in this study. ASM

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Author Contributions:

Nermin Kady: designed the experiments, performed the co-culture study and wrote the manuscript. Yuanqing Yan: performed the diurnal CD34⁺ CAC release study, wrote and edited the manuscript. Tatiana Salazar: performed human CD34⁺ CAC part of the study, edited the manuscript. Qi Wang, Harshini Chakravarthy, Chao Huang, Eleni Beli and Svetlana Navitskaya: performed HREC isolation and culture, and CD34⁺ CAC isolation and co-culture experiments, edited the manuscript. Maria B. Grant: contributed to conception, design, financial and administrative support, maintained IRB approval for research involving human subjects, edited the manuscript. Julia V. Busik: designed the study, provided financial and administrative support, performed pilot experiments, and reviewed and edited the manuscript. All authors have approved the final article.

Disclosure of Interest:

The authors indicate that 'Conflicts of interest: none'.

mRNA and protein expression was assessed by quantitative PCR and ELISA, respectively. To evaluate the effect of diabetes-induced ASM on HRECs and CD34⁺ CACs function, tube formation, CAC incorporation into endothelial tubes, and diurnal release of CD34⁺ CACs in diabetic individuals was determined.

Results—ASM expression level was significantly increased in HRECs isolated from diabetic compared to control donor tissue, as well as CD34⁺CACs and plasma of diabetic patients. A significant decrease in tube area was observed in HRECs from diabetic donors as compared to control HRECs. The tube formation deficiency was associated with increased expression of ASM in diabetic HRECs. Moreover, diabetic CD34⁺ CACs with high ASM showed defective incorporation into endothelial tubes. Diurnal release of CD34⁺ CACs was disrupted with the rhythmicity lost in diabetic patients.

Conclusion—Collectively, these findings support that diabetes-induced ASM upregulation has a marked detrimental effect on both retinal endothelial cells and CACs.

Keywords

Diabetic retinopathy; Acid sphingomyelinase; Circulating angiogenic cells; and revascularization

1. Introduction

Diabetic retinopathy (DR) is a microvascular disease that results from diabetes-induced retinal damage that is further exacerbated by bone marrow dysfunction. Bone marrow dysfunction leads to decreased release of cells into the circulation and changes in hematopoiesis resulting in increased circulating pro-inflammatory monocytes and diminished repair due to defective progenitor cells. Although DR influence all retinal cells, clinical manifestations of DR are mainly due to changes in retinal vessels, where early histological alterations include pericyte loss, thickening of basement membrane, capillary occlusion and endothelial cell degeneration (1,2). These are followed by break down of blood retinal barrier (BRB) and leaky vasculature leading to hemorrhages, hard exudates, and retinal edema; structural changes involving the vascular wall leading to microaneurysms; and finally neovascularization, vitreous hemorrhage and fibrous tissue formation (3). Impaired vision due to macular edema, or vision loss due to neovascularization-induced vitreous hemorrhage or tractional retinal detachment usually takes place in the later stages of the disease.

Circulating angiogenic cells (CACs), a population of vascular progenitors originated from HSC (4), are considered as key regulators for healthy maintenance of retinal vasculature. Diabetic metabolic abnormalities lead to defective vascular maintenance due, in part, to failed attempts by dysfunctional CACs to repair damaged endothelium.

HSCs isolated from bone marrow or CACs from peripheral blood of control (healthy) animals have been shown to repair ischemic damage and aid in reperfusion of ischemic tissues (4–6). Several studies have shown an association between DR risk and both reduced number (7–10) and function of CACs (11–16).

Several key hyperglycemia- and dyslipidemia-activated pathways leading to retinal endothelial cell and CAC dysfunction have been identified. Prominent among these are pathways that promote an increase of pro-inflammatory cytokines, pro-inflammatory lipids and pro-angiogenic factors (17–26). We have previously demonstrated activation of the central enzyme of sphingolipid metabolism, acid sphingomyelinase (ASM), as a key metabolic abnormality in diabetic retinal vasculature and CACs. ASM hydrolyzes sphingomyelin (SM) into pro-inflammatory and pro-apoptotic ceramide. Activation of ASM plays an important role in signal transduction in response to various stimuli including IL-1 β (27,28) and TNF- α (29). Endothelial cells represent a major source of ASM (30–33). Inhibition of ASM exhibits protective effect in diabetes preventing diabetes-induced retinal inflammation and vascular degeneration (15,33,34).

Previously, we have identified key defects in circadian regulation of CACs. We showed that bone marrow denervation results in loss of circadian release of vascular reparative cells from the bone marrow and generation of increased numbers of proinflammatory cells. Using a rat model of T2D, we showed that the decrease in CACs release from diabetic bone marrow is caused by bone marrow neuropathy and that these changes precede the development of diabetic retinopathy. We observed a marked reduction in clock gene expression in the retina and in CACs. Denervation of the bone marrow resulted in progenitors being “trapped” within the bone marrow and in loss of the circadian release of these cells into the circulation. This reduction in the circadian peak of CAC release into the circulation led to diminished reparative capacity and resulted in development of acellular retinal capillaries (7). We also showed that Per2 mutant mice recapitulate key aspects of diabetes without the associated metabolic abnormalities. In Per2 mutant mice, we observed a threefold decrease in proliferation and 50% reduction in nitric oxide levels in CACs. Tyrosine hydroxylase-positive nerve processes and neurofilament-200 staining were reduced in Per2 mutant mice (suggestive of diabetic neuropathy) and increased acellular capillaries were identified (35). We also showed that as CD34+CACs acquired differentiation markers (towards the endothelial lineage), robust oscillations of clock genes are observed (36).

It is well accepted in diabetic complications field that cells isolated from diabetic tissue keep diabetic phenotype for several passages even when cultured in normal glucose. This is due to “metabolic memory”, or “legacy effect” for vascular disease in diabetes - the prolonged benefits of good glycemic control, as well as the prolonged harm poor control in diabetic patients(11,37–39). In this study we used HREC cells isolated from control and diabetic donor tissue as a model.

In the current study, we have focused exclusively on human CACs. We asked if the defect in circadian release observed in rodents with diabetes occurred in humans. We examined the effect of diabetes-induced ASM activity on the function of human CACs and retinal endothelial cells comparing the angiogenic ability of control (low ASM) and diabetic (high ASM) HRECs to form tube—like structures in vitro and determining the capacity of control (with low ASM) and diabetic (with high ASM) CACs to support endothelial tube formation.

2. Methods

Circadian study of human CD34⁺ CACs

The study was approved by the University of Florida IRB #411-2010. All study subjects provided informed consent. Individuals were brought into the Clinical Research Center at the University of Florida for 48 h. During the first 24 h, individuals were evaluated and on the evening of the first day, a heparin lock was inserted into their forearm. During the second 24-h period, the individuals had 1 mL of blood removed every 2 h for a total of 24 h and analyzed for the number of CD34⁺ cells by flow cytometry. Clinical characteristics of the patients are presented in Table 1.

Postmortem imaging of human retina and cell culture

Primary cultures of HRECs were prepared from postmortem tissue obtained from National Disease Research Interchange, Philadelphia, PA and Midwest Eye-Banks, Ann Arbor, MI. The tissue was received within 36 h after death. The donor characteristics are provided in Table 2. Primary HRECs were isolated as previously described (40). As previously demonstrated the cells isolated from control and diabetic donors keep their phenotypes for 4–6 passages due to metabolic memory phenomenon (11, 37–39). On arriving in the laboratory, the eyes were placed on sterile gauze, and they were washed with povidone-iodine solution (Purdue Pharma L.P. Stamford, CT). After 10 minutes, the globe was punctured approximately 2 mm from the limbus, a circumferential incision was made and the anterior chamber was removed. A vitreous spatula was used to loosen the vitreous adherent to the anterior retina. When all the vitreous was removed, the retina was gently removed from the layer of retinal pigment epithelium and cut at the optic nerve. Before proceeding into the isolation of HRECs, retinas were rinsed, flatmounted and retinal imaging was taken using a Nikon SMZ-800 Stereo Microscope with Prior Proscan 3 Motorized XY System with Z Drive and MetaMorph Modules to perform image stitching, to properly determine the stage of retinopathy of the donors used for isolation of HRECs. Retinas included in this study have at least three signs of non-proliferative diabetic retinopathy (NPDR) such as microaneurysms, intraretinal haemorrhages and intraretinal microvascular abnormalities (IRMA). Retina was then placed on a 53- μ m Nylon mesh filter (Sefar America, Buffalo, NY.), washed with a solution containing Glucose (5.5 mM), L-Glutamine (2 mM) and 1x MEM Non-Essential Amino Acids Solution (GIBCO, Life Technologies, Carlsbad, CA). The retinas were then placed into a 25-ml flask containing 100 U/ml of collagenase, Type 1 (Worthington Biochemical Co., Lakewood, NJ) in the above-mentioned solution containing 22% Bovine serum albumin (Sigma) and 0.01% Soybean Trypsin Inhibitor (Sigma). Retinas were then mechanically agitated using a shaker and allowed to digest at 37°C for approximately 60 minutes or until no tissue fragments could be seen. After digestion, cells were centrifuged at 1000 rpm for 5 minutes. The supernatant was removed and pellet was suspended in fresh media; 1:1 mix of low glucose Dulbecco's modified Eagle's medium (DMEM 1g/L)/F-12 nutrient mix (GIBCO, Life Technologies, Carlsbad, CA) supplemented with 10 % fetal calf serum (Hyclone, Logan, UT), 1% endothelial cell growth supplement (Millipore, MA), 1% insulin-transferrin- sodium selenite media supplement (Sigma) and 1% penicillin-streptomycin antimycotic (GIBCO, Invitrogen-Life Technologies, Carlsbad, CA). Glucose concentration in the final media was

adjusted to 5.5 mM. The cells were maintained at 37°C in 95% air and 5% CO₂ in a humidified cell culture incubator. Passages 3 to 5 were used in the experiments.

Human CD34⁺ CACs isolation

Human peripheral blood samples (150 ml) were collected into Sodium Citrate-containing CPTTM glass vacuum tubes (BD, Franklin Lakes, NJ). Written informed consent was obtained from each patient, and all procedures were approved by the Institutional Review Board at the University of Florida (IRB # 408-2010). Peripheral blood mononuclear cells (MNCs) were isolated from the blood by density gradient centrifugation using Lympholyte (Cedarlane Laboratories Ltd., Ontario, Canada). The CD34⁺ cell fraction was then isolated from the MNCs using the EasySep™ CD34⁺ positive selection system according to the manufacturer's instructions (Stem Cell Technologies, Vancouver, BC, Canada). Clinical characteristics of the patients are presented in Table 2.

Tube formation assay

Tube formation assay was performed using BD BioCoat Angiogenesis System-Endothelial Cells Tube Formation Matrigel Matrix 96-well plate (BD Biosciences Discovery Labware, Bedford, MA) according to the manufacturer's instructions. Briefly, isolated CD34⁺ CACs and HRECs were labeled with Qtracker 655 and Qtracker 525 (Invitrogen); respectively. Control or diabetic HRECs were mixed in a 4:1 ratio with either control or diabetic CD34⁺ cells, seeded into Matrigel Matrix 96-well plate) and incubated for 16 to 18 h at 37°C (5% CO₂). After incubation, wells were assessed for the presence of tube-like structures and images were taken in 10× magnifications using a Nikon TE2000 fluorescence microscope equipped with Photometrics CoolSNAP HQ2 camera. At least three different fields were randomly selected and captured to collect images for each well. Tube area and percentage of CD34⁺ incorporated into tubules were calculated using MetaMorph software system (Molecular Devices, Downingtown, PA). Statistics were performed on 3 independent wells per condition with minimum three images taken from each well.

Quantitative real-time PCR

Total RNA was extracted from HRECs, human CD34⁺ cells using QuickGene RNA (Fujifilm, Minato-Ku, Tokyo, Japan) or Qiagen RNeasy (Qiagen Inc., Valencia, CA, USA) according to the manufacturer's instructions. NanoDrop 2000 (Thermo Scientific, IL, USA) was used to determine total RNA concentration. Total RNA was reverse transcribed into cDNA using superscript III first-strand synthesis system (Invitrogen, Carlsbad, CA). Human gene-specific primers for ASM were used. Expression levels were normalized to human cyclophilin. Sequence of specific primers used is given below:

Human ASM: caactcgcgctgaagaa and tccaccatgcatcctcaaa

Human Cyclophilin: aaggtcccaaagacagcaga and ctgcccaccagtgcattat

ELISA assay

Blood samples were collected, centrifuged and plasma was stored at -80 °C. Samples were assayed for human ASM concentration using ELISA kit (Cloud-Clone Corp., Houston, TX, USA) according to the manufacturer's protocol.

Statistical analyses—Data are presented as mean \pm S.E.M. Results were analyzed for statistical significance by the Student's t-test (GraphPad Prism 7, GraphPad Software, San Diego, CA). Significance was established at $P < 0.05$.

3. Results

ASM expression level is increased in HREC, CD34⁺ CACs and blood plasma of diabetic donors

To determine whether human diabetic tissues exhibited the same increase in ASM as we observed in animal models (15,33), we measured ASM expression level in human RECs, CD34⁺ CACs and plasma samples in both diabetic and control donors. ASM expression level was significantly increased in all three tissue types in diabetic compared to control donors (Fig. 1A, B and C).

Diabetes induces decrease in HREC tube formation

As shown above and previously demonstrated, HRECs isolated from diabetic donors have high ASM activity and expression level. To evaluate the effect of diabetes-induced increase in ASM on HRECs function, we performed tube formation assay to measure the ability of retinal endothelial cells to form blood-vessel-like tubular structure. Tube formation by HRECs isolated from healthy control retinas was compared to cells isolated from retinas with signs of NPDR as determined by post-mortem retinal imaging (Fig. 2A). A significant decrease in tube area was observed in HRECs from retinas with signs of NPDR as compared to control HRECs (Fig. 2B).

Diabetes induced increase in ASM is associated with CD34⁺ CACs dysfunction

To determine the role of ASM expression in diabetes-induced defect in CD34⁺ CACs function, we seeded CD34⁺ CACs isolated from both control (low ASM) and diabetic (high ASM) subjects with HRECs and examined whether the level of ASM expression in CACs affects their ability to incorporate into the endothelial tubes formed by the HRECs. Interestingly, CD34⁺ CACs seeded alone did not form tube-like structures, but they did incorporate into tubes formed by HRECs when co-cultured with retinal endothelial cells (Fig. 3C). Increased incorporation into tubes formed by diabetic HRECs was observed for the control CD34⁺ CACs (low ASM) compared to diabetic CACs (high ASM) (Fig. 3B). As expected, control HRECs exhibited robust tube formation. Incorporation of CACs into control HREC tubes was not affected by the levels of ASM in CAC (Fig. 3A). These data demonstrate that high ASM expression levels in CD34⁺ CACs correlate with impaired incorporation ability, while CACs expressing lower levels of ASM display enhanced *in vitro* incorporation.

Diabetes induced increase in ASM is associated with loss of circadian release of CD34⁺ CACs

We have previously demonstrated that normal diurnal pattern of CACs release from the bone marrow is critical for efficient repair of retinal vasculature in rodents (7). Increase in ASM activity in CACs in diabetic animal models was associated with decreased membrane fluidity and impaired migration leading to increased CAC retention and loss of circadian

release from the bone marrow (34). We next determined the effect of diabetes on circadian release of CD34⁺ CACs in diabetic patients. Peripheral blood of type 2 diabetic individuals was collected every 2 h for 24 h and analyzed for the number of CD34⁺ CACs by flow cytometry and compared with control subjects. The dash line is the model fitted curve for individual subjects and bold curve is the fitted curve for population (Fig. 4 A and B). In agreement with previous studies, healthy individuals had a peak of circulating CD34⁺ cells in the middle of the night, representing the rest phase for humans (Fig. 4A), however this peak of CD34⁺ release was lost in T2D subjects (Fig. 4B).

4. Discussion

Diabetic retinopathy is a sight threatening complication of diabetes with limited treatment strategies. Understanding the key molecular factors involved in the disease is important for developing therapeutic targets to prevent progression into ocular neovascularization and blindness. ASM is shown to be a key element in inflammatory signaling through ceramide-mediated signal transduction (41,42). Diabetes-induced increase in ASM activity has been shown to modulate inflammatory response in mature retinal endothelial cells (43), however, there is no direct experimental evidence showing ASM effect on endothelial function. Here we demonstrated that HRECs isolated from type 2 diabetic subjects with signs of NPDR had altered retinal endothelial cell function with impaired capacity to form tube-like structures when compared with control HRECs. The deficiency in tube formation was associated with increased expression of ASM in diabetic HRECs. This is consistent with previous studies showing ASM-mediated endothelial cell apoptosis in various tissues including retina, lungs and gastrointestinal tract (30,31,33,44), and ASM antiangiogenic effect in tumor treatment (45). Endothelium is the major source of ASM production in the body with endothelial cells synthesizing 20 times as much ASM as any other cell type (32); thus, it is not surprising that ASM plays a major role in endothelial cells function. In agreement with previous studies (32), endothelial cells had very high ASM expression level, which was further increased in diabetes. Moreover, increased ASM level in plasma further reflects the increased production and secretion of ASM by activated endothelial cells.

Retinal vascular repair and revascularization is aided by CACs (4,13,16,46–49). We examined the effect of diabetes-induced increase in ASM on the ability of CD34⁺ CACs to incorporate and thus help in repair of defective vascular-like tube structures formed by diabetic HRECs. We demonstrated that diabetic CD34⁺ CACs, with high ASM, showed minimal incorporation into the defective tubes formed by diabetic HRECs. Non-diabetic CD34⁺ CACs with low ASM showed robust incorporation. These results are in line with other studies showing that diabetic CACs are defective in proliferation, migration, adhesion, differentiation, and participation in vascular regeneration process (13,14,16,46,50,51). Interestingly, no significant difference was observed between non-diabetic and diabetic CD34⁺ CACs incorporation into control HRECs. This is consistent with our previous studies demonstrating lack of incorporation of control CACs into healthy vasculature that does not require repair in non-diabetic (13). We have previously demonstrated that high level of ASM inversely correlates with migration and reparative capacity of CACs, with the inhibition of diabetes-induced ASM resulting in improved migration and retinal vascular regeneration in diabetic mouse model (15,34).

In this study, we compared effect of ASM on functional capacity of healthy and diabetic CACs in human on control and diabetic HRECs. We revealed that the defective incorporation of diabetic CD34⁺ CACs was associated with high ASM. As previously shown, high ASM activity leads to accumulation of membrane ceramides. Accumulation of ceramide results in decreased membrane fluidity, cell rigidity and defective migration which can explain defective incorporation of diabetic CACs (15,34,52) and likely supports their defective release from the bone marrow into the systemic circulation.

Although several lines of evidence demonstrate that ASM expression is an important factor for progenitor cell release from the marrow, migration, proliferation and homing to the injured vasculature; other factors beyond ASM activation are also known to be involved in diabetes-induced CAC dysfunction. These include bone marrow neuropathy and low level of neurotransmitters production; increase in TGF beta leading to decreased NO bioavailability and diminished expression of CXCR4 (7,53). These factors affect chemoattraction to SDF1 and lead to increase in stem cell quiescence in the bone marrow niche. In health ASM works in concert with other factors to maintain optimal bone marrow stem cell production and release, however activation of ASM along with other factors disrupts this balance in diabetes (7,34,54,55).

The physiological release of bone marrow progenitor cells including CD34⁺ CACs into the circulation is not constant, but follows circadian oscillations. These oscillations are regulated by sympathetic signaling to bone marrow stromal cells, which results in CXCL12 (SDF-1) down regulation and progenitor egress from the bone marrow; all of these processes occur in circadian pattern under control of clock genes (56). Diabetic bone marrow neuropathy with disruption of circadian rhythm may contribute to endothelial progenitor cell dysfunction. Wang et al. have demonstrated that mutation in circadian gene *Per2* leads to reduced endothelial cell progenitor mobilization and revascularization (57). We investigated whether circadian release of CD34⁺ CACs is altered in diabetic subjects. Peripheral blood was collected every 2 h for 24 h from both control and diabetic subjects. In agreement with previous studies (58–60), normal rhythmic oscillations were observed in control subjects with a clear peak of circulating CD34⁺ CACs cells in the middle of the night (resting phase), optimal time of regeneration in humans. Similar to our observations in diabetic rat model (7). This study revealed that circadian fluctuation of CD34⁺ CACs was disrupted with rhythmicity lost in diabetic individuals. Importantly, we have previously demonstrated that, similar to endothelial cells, the increase in ASM activity in CACs in diabetic animal models was associated with increased ceramide levels, decreased membrane fluidity and impaired migration. This impairment in migration, combined with diminished sympathetic signaling to BM may lead to increased CAC retention in the bone marrow and loss of circadian release of the progenitor cells as demonstrated in this study.

5. Conclusion

This study underscores the deleterious effect of high ASM levels on the vascular repair potential of both mature retinal endothelial cells and circulating angiogenic cells in diabetes. Correcting this defect could treat vasodegeneration, enhancing vessel repair and thus preventing progression into PDR stage.

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Highlights

- Increase of acid sphingomyelinase (ASM) in diabetes damages retinal vasculature.
- CD34⁺CACs from diabetic patients with high ASM have dysfunctional vascular repair.
- Diabetic individuals showed disrupted diurnal release pattern of CD34⁺CACs.

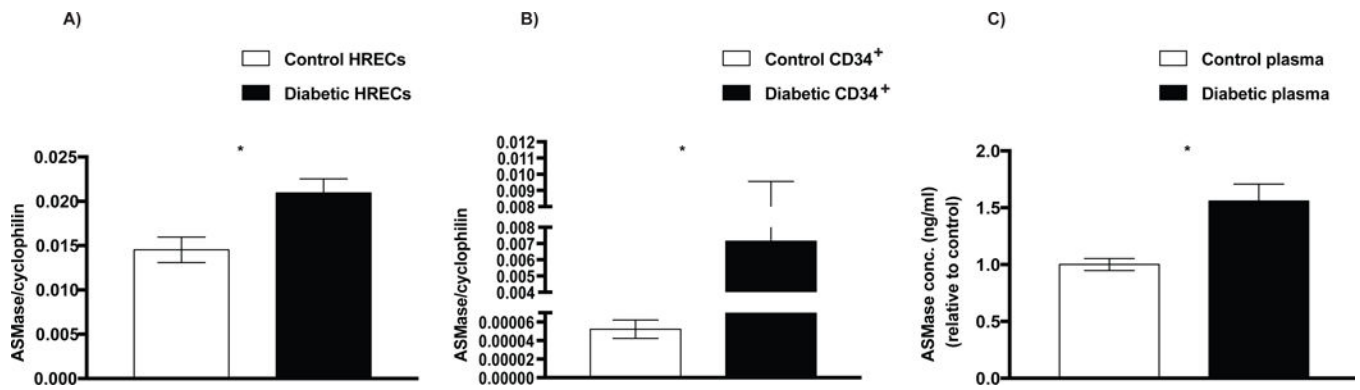


FIG. 1. Diabetes induced increase in ASM expression

Total RNA was isolated and the transcript level of ASM was analyzed by qRT-PCR in (A) HRECs, (B) CD34⁺ cells and (C) plasma from diabetic donors (n=4–7) compared with control donors (n=3–4). Data are means \pm SEM. * $P < 0.05$, significantly different as determined by Student's t-test. Abbreviations: ASM, acid sphingomyelinase; HRECs, human retinal endothelial cells.

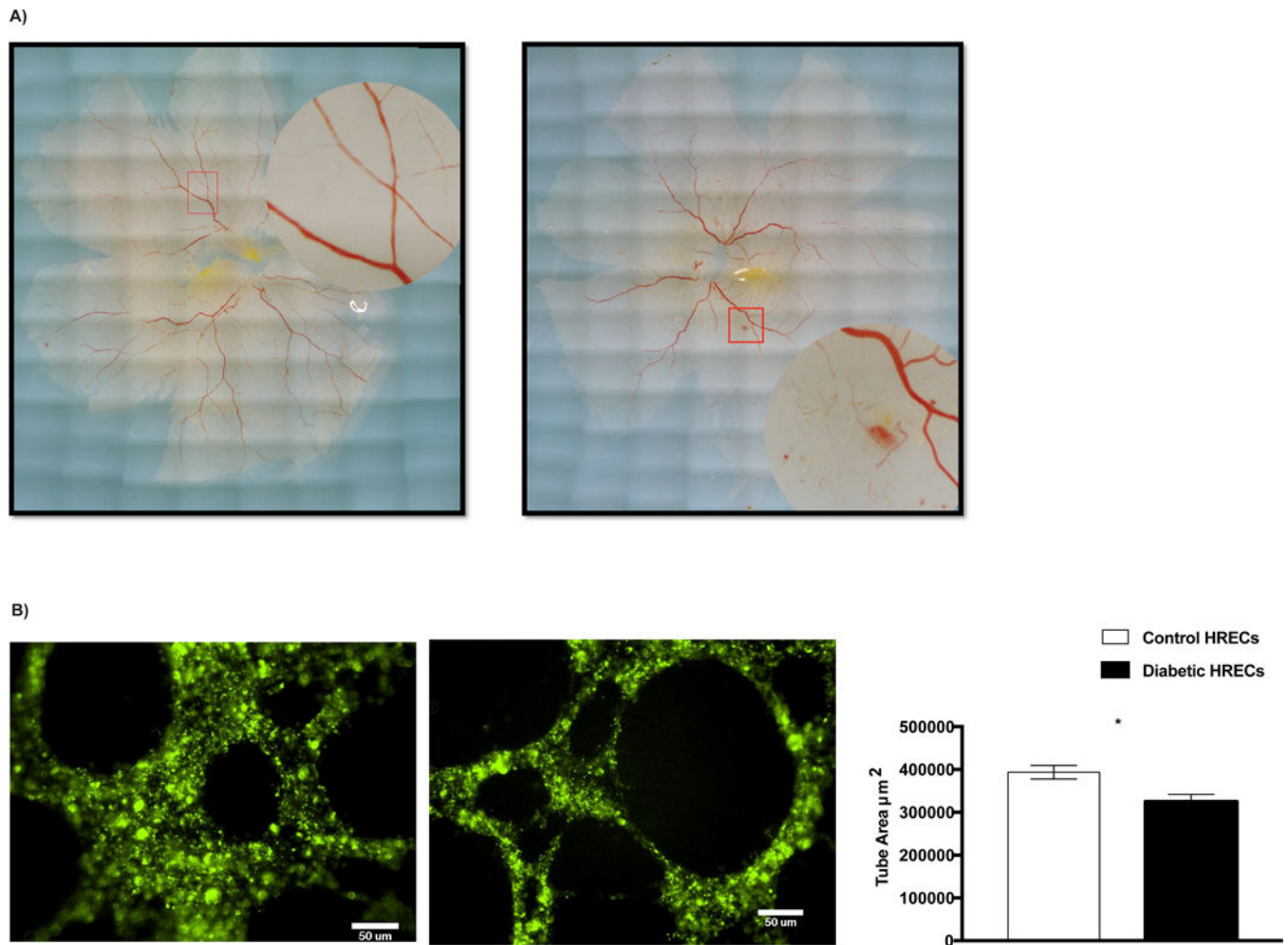


FIG. 2. Diabetes impairs tube formation capacity of HRECs

(A) Postmortem imaging of human retina. Control retina with well-organized blood vessels (left), Diabetic retina with signs of NPDR; intraretinal hemorrhages and microaneurysms (right). (B) An in vitro tube formation assay was performed in control (n=4) and diabetic (n=7) HRECs using Matrigel Matrix 96-well plate. Representative images of tube-like structures are shown. The cells were stained with Qtracker 525 (green), images were taken in 10 \times magnification and total tube areas were calculated using MetaMorph software system. Quantification of tube area is shown on far right. Data are means \pm SEM. * $P < 0.05$, significantly different as determined by Student's t-test. Scale bar = 50 μm .

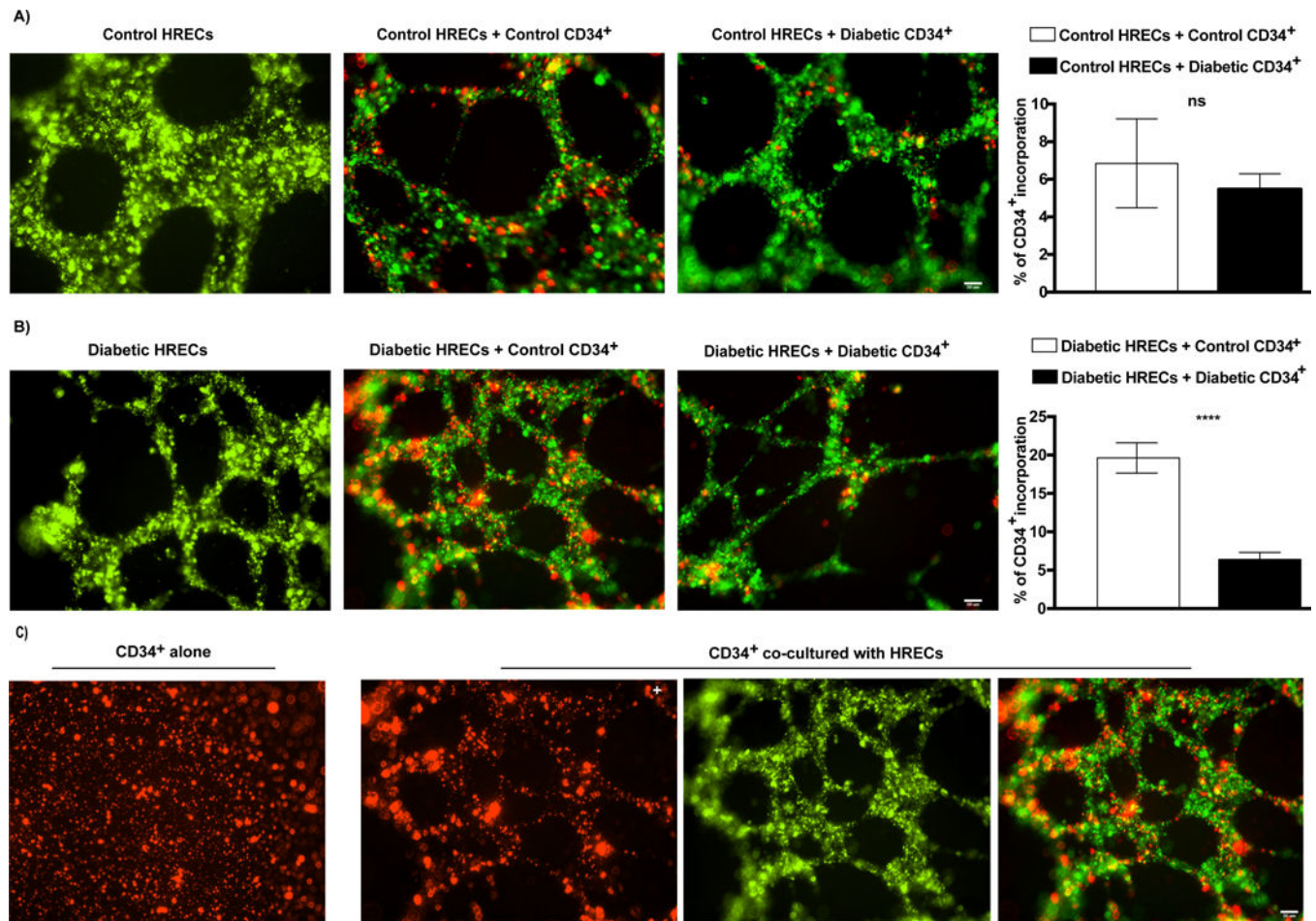


FIG. 3. Reduced incorporation of diabetic CD34⁺ CACs into diabetic HRECs tubes
 Tube formation by HRECs (Qtracker 525, green) isolated from control (A) or diabetic (B) donors either without CACs (left panel), or co-incubated with control (middle panel) or diabetic (right panel) CACs (Qtracker 655, red) is shown. Quantification of % of CD34⁺ CACs incorporation into HRECs tubes is shown on far right. Data are means \pm SEM (n= 4–7). *** $P < 0.0001$, significantly different from control as determined by Student's t-test; not significant at $P > 0.05$. Scale bar = 50 μ m. (C) CD34⁺ CACs alone were not able to form tube-like structures (left panel), but incorporated into HREC tubes, forming tube-like structures, when co-cultured with HRECs (right three panels). Abbreviations: CACs, circulating angiogenic cells.

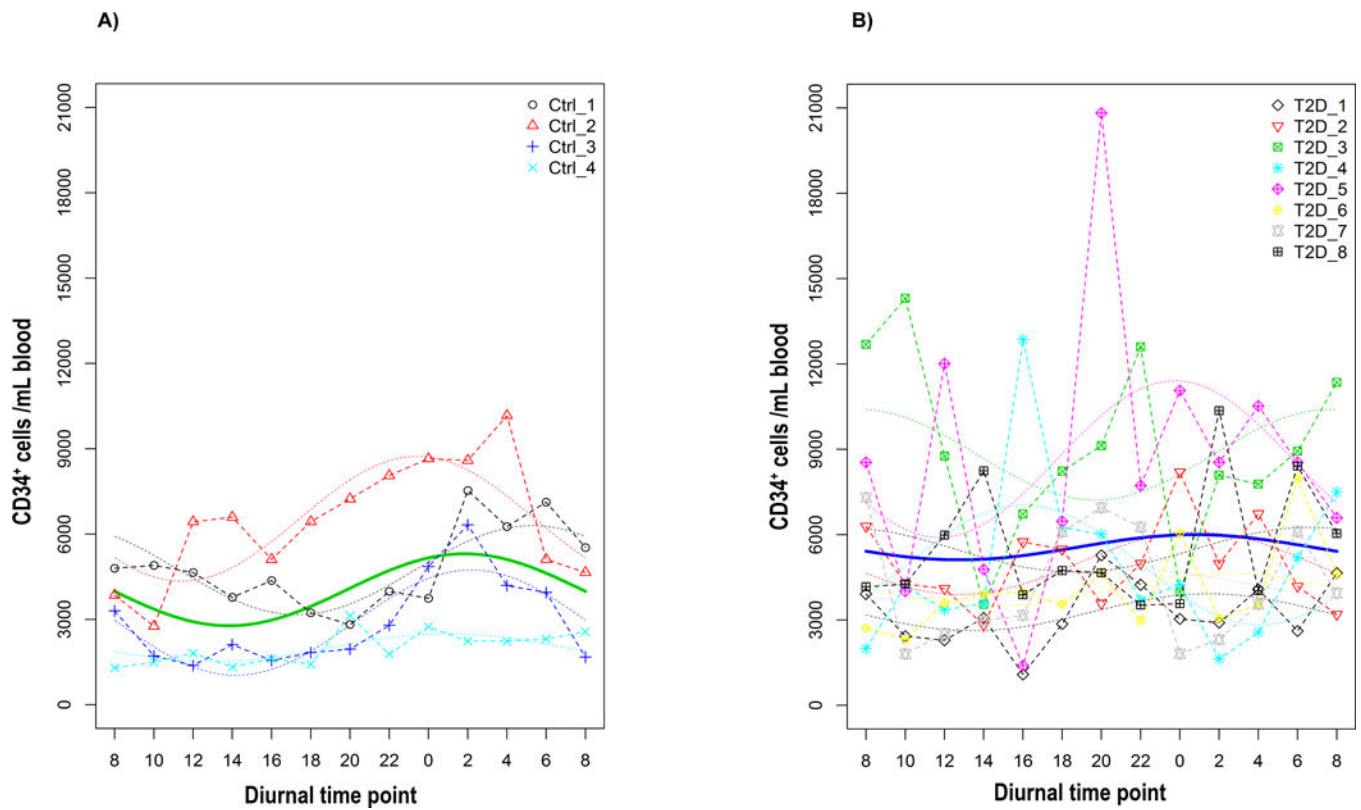


FIG. 4. Loss of circadian release of diabetic CD34⁺ CACs

Peripheral blood was collected every 2 h for a total of 24 h from (A) control (n=4) and (B) diabetic (n=8) subjects and was analyzed for the number of CD34⁺ CACs by flow cytometry. (A) In control subjects, there is a clear peak of circulating CD34⁺ CACs that occurred in the middle of the night. (B) Rhythmic CD34⁺ CACs release pattern was blunted in Type 2 diabetic patients. The dash line is the model fitted curve for individual patients and bold curve is the fitted curve for population.

Table. 1

Clinical characteristics of control and diabetic subjects involved in the circadian study.

Subject #	Gender	Age	Diabetes duration	HbA1C	CVD	Retinopathy	Medications
Diabetic 1	Female	67	T2D 4 months	7.5	No	No	Glucophage
Diabetic 2	Female	65	T2D 20 years	8.8	No	No	Lantus
Diabetic 3	Male	76	T2D	7.4	No	No	Glucophage
Diabetic 4	Female	64	T2D	6.3	No	No	Actos
Diabetic 5	Female	67	T2D	6.4	No	No	Glucophage
Diabetic 6	Female	68	T2D 9 years	6.8	No	No	Diabeta
Diabetic 7	Female	48	T2D years	6.0	No	No	Metformin
Diabetic 8	Female	59	T2D 10 years	7.7	No	No	Humulin
Control 1	Female	43			No	No	
Control 2	Female	57			No	No	
Control 3	Female	68			No	No	
Control 4	Male	43			No	No	

Inclusion criteria: Individuals between the ages of 21 and 65 years were eligible to participate.

Exclusion criteria: Subjects were excluded for the following reasons: a) evidence of ongoing acute or chronic infection (HIV, Hepatitis B or C, or tuberculosis); b) ongoing malignancy; c) cerebral vascular accident or cerebral vascular procedure; d) current pregnancy; e) history of organ transplantation; f) presence of a graft; g) uremic symptoms, such as an estimated glomerular filtration rate of less than 20 cc/min (by Modification of Diet in Renal Disease equation), or an albumin of less than 3.6 (to avoid malnutrition as a confounding variable); h) a history of smoking; and i) anemia.

Table. 2

Clinical characteristics of control and diabetic HIRECs donors and CD34⁺ CACs subjects involved in the study.

HIRECs donor #	Gender	Age	Diabetes duration	CVD	Retinopathy	Nephropathy	Neuropathy	Medications
Diabetic 1	Male	71	T2D 18 years	Yes	Moderate NPDR	Yes	No	Insulin
Diabetic 2	Male	66	T2D 16 years	Yes	Sever NPDR	Yes	No	Insulin Humalog and Humalin-N
Diabetic 3	Female	50	T2D 15 years	No	Sever NPDR	No	No	Insulin
Diabetic 4	Male	73	T2D 6 years	Yes	Mild NPDR	Yes	Yes	Insulin
Diabetic 5	Male	71	T2D 20 years	Yes	Moderate NPDR	Yes	No	Insulin
Diabetic 6	Male	62	T2D 22 years	Yes	Mild NPDR	Yes	No	Insulin
Diabetic 7	Male	70	T2D 15 years	Yes	Moderate NPDR	Yes	No	Insulin
Control 1	Female	58	No	No	No	No	No	
Control 2	Male	56	No	Yes	No	No	No	
Control 3	Male	71	No	No	No	No	No	
Control 4	Female	52	No	No	No	No	No	

CD34 ⁺ CACs subject #	Gender	Age	Diabetes duration	HbA1C	CVD	Retinopathy	Nephropathy	Neuropathy
Diabetic 1	Male	55	T2D 10 years	14	No	Sever NPDR	No	No
Diabetic 2	Female	58	T2D	6.5	No	Moderate NPDR	No	No
Diabetic 3	Female	59	T2D	7.1	No	Moderate NPDR	No	No
Diabetic 4	Male	41	T2D	14	No	PDR	No	No
Control 1	Female	57	No		No	No	No	No
Control 2	Male	49	No		No	No	No	No
Control 3	Female	39	No		No	No	No	No
Control 4	Female	58	No		No	No	No	No