

AVILA TMD SCORE

AVILA SCORE	SIGNS	SYMPTOMS	SC PAIN	STUDY POPULATION %		TMD-7
				SOLBERG ²	KOUFOS ³	CUT POINTS ³
0	NO	NO	NO	24	30	0-1
1	YES	NO	NO	50	48	2-6
2	YES	YES	NO	21	17	7-11
3	YES	YES	YES	5	5	12-21

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Prevalence of TMDs^{1,2}

SIGNS=76% had one or more signs associated with TMD.

SYMPTOMS=26% reported a symptom that related to TMD.

SC PAIN=5% made up a group typically described as TMD patients seen in dental offices with severe problems as determined by degree of pain experienced. SEVERE, CHRONIC PAIN.

1. Okeson,JP: *Management of Temporomandibular Disorders and Occlusion*, ed 8, St. Louis, MS, 2020, Elsevier, p 103.
2. Solberg WK, Woo MW, Houston JB: Prevalence of mandibular dysfunction in young adults, *J Am Dent Assoc* 98(1):25-34, 1979.
3. Koufos EB, Avila H, Kroenke K, et al.: The TMD-7 as a Brief Measure for Assessing Temporomandibular Disorder, *Eur J Dent*, DOI: 10.105/s-004201746416, 2022.